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Offering Rays of Hope

November 2016

This newsletter marks the beginning of an updated digital newsletter format to provide readers with important news and updates regarding mental health and addiction services in Ashland County

Opiate/Heroin Summit

The second Opiate Summit for the Ashland County community took place on October 28, 2016. The summit included four panels of local leaders and experts who addressed these important questions:

- What do I do when someone overdoses?
- What are the signs that my friend or loved one is addicted?
- What treatment options are available locally and how do I get them?
- What about young people and prevention?

A program and Resource Guide was created for the summit and provides answers and resources regarding these questions.

The Resource Guide can be accessed and downloaded [here](#).

Veteran's Outreach Project

Upon returning home and to civilian life, many veterans struggle to reconnect to the community and suffer from a sense of extreme isolation because of their military experiences. *Welcome Johnny and Jane Home* is a listening project that helps to address this disconnect by connecting military veterans with volunteer listeners who have not served in the military. The project in the Ashland County region has been recently reorganized and launched by the Mental Health and Recovery Board.

More information about the project can be found [here](#).

Trauma Systems Therapy Training

Ground Work Play Therapy and Ashland County Department of Jobs and Family Services have organized an important training on December 9 for professionals and caregivers in Ashland County. This training reviews the impact of trauma on children and caregivers, and provides knowledge and strategies for understanding and responding to the needs of children and teens in care.

For additional information and registration, please [click here](#).

Blogs by James Mooney, M. D.

The integration of physical and behavioral (mental health and substance abuse) healthcare is being promoted as the future model of healthcare. In Ashland County, many organizations and providers are working to incorporate the principles of trauma-informed care into their programs, services and practices. The Mental Health and Recovery Board has invited Dr. Jim Mooney, the Chief Medical Officer of University Hospital Samaritan Regional Healthcare System and a passionate advocate for integrating healthcare, to publish a blog on the MHRB website. Please [visit this section](#) regularly to learn more about Dr. Mooney's unique perspective and important observations about the connection between physical and emotional health.

Upcoming Events



For Upcoming Events and Trainings please [click here](#)

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