

Working with Voices individually and in groups

Hearing voices is one of the most common experiences that people diagnosed with a “psychotic illness” have and research has shown that many people continue to hear voices even after prolonged use of medication. This has meant that many voice hearers do not get relief from their experiences. The consequence of this is that many people live lives that are low in quality & high in distress. Many professionals are left frustrated when medication does not deliver the desired results.

Learning Outcomes:

All participants of training will have:

- An understanding of hearing voices.
- Been introduced to developing coping strategies.
- To working within belief systems.
- Been introduced to voice profiling.
- Developed confidence & awareness in working with voices.
- Developed a toolkit for working with client’s voices.
- The confidence to use the voices workbook.
- Understanding of how a hearing voices group is run

Outline of The Day:

8:30am – 9:00am	Registration & Check-in
9:00am – 9:15am	Welcome & Explanation of Day
9:15am – 10:30am	Karen & Ron’s stories
10:30am – 11:00am	Voice Hearing Exercise
11:00am – 11:15am	Morning Break
11:15am – Noon	Evidence Base
12:00pm – 12:30pm	Setting up & running a hearing voices groups
12:30pm – 1:30pm	Lunch
1:30pm – 3:15pm	Case Studies & using the workbook
3:15pm – 3:30pm	Afternoon Break
3:30pm – 4:00pm	Working with voice hearers as peers
4:00pm – 4:30pm	Concluding Remarks, Questions/Discussion
4:30pm	Turn in Evaluation

Trainers

Ron Coleman



Ron Coleman is a Mental Health Trainer and Consultant specialising in psychosis prevention and resolution. He has designed training packages to enable voice hearers to gain ascendancy over the negative aspects of the voice hearing experience. His own route to recovery, after spending 13 years in & out of the psychiatric system, has given him many insights into the many difficult issues facing today's mental health services.

Ron has published several books including 'Politics of the Madhouse', co-authored 'Working with Voices' & 'Working to Recovery' and wrote 'Recovery an Alien Concept?' Ron is now back in his homeland of Scotland after 20 years of self imposed exile!

Karen Taylor



Karen Taylor is a Registered Mental Nurse (RMN) with 16 years of experience in the National Health Services (NHS) in England with both older people and adults of working age. She has personal experience of designing, implementing and managing innovative community care services.

After leaving the NHS Karen managed a company Keepwell Ltd for 2 years whilst there she co-authored the workbook 'Working to Recovery' and ran a psychosis resolution service based on recovery.

Now based in Scotland, and director with Ron Coleman in 'Working to Recovery Limited', Karen has also been involved in introducing recovery training into Australia, New Zealand, Palestine, Denmark and Italy as well as the UK.

EVENT DETAILS

(by invitation only)

October 20, 2014

**John C. Myers Convocation Center
Ashland University
Ashland, Ohio 44805**

This event is co-sponsored by The Mental Health & Recovery Board of Ashland County and The Ohio Empowerment Coalition, Inc.



This program has been approved for **6** Hours of Continuing Education Credit for Counselors and Social Workers through the State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board **#RCS051305**