

AlphaPoem Created By "Writing for Recovery" Writing Group

(October 11, 2018)

Alone and afraid
Being on a road I've been on before
Courageous this time
Despite failing before
Expectations being higher due to the enormous tasks ahead
Feeling that they may be unattainable
Gravitating toward the unknown
Hopes and dreams renewed
Inwardly inspired
Jousting with the demons yet
Keeping hope alive
Looking back and wondering,
My mind is swirling.
Now I know the battle within
Overcoming the fears
Persevering to survive
Questioning the doubts of how to thrive
Resolving to fight and win
Sincerely making the effort
To
Untangle the web of lies
Victories large and small
Welcoming a new beginning
EXhaling the breath of a new tomorrow
Yesterday has come and gone, promoting a
Zest for life.