

Annual Service Summary – Fiscal Year 2014

**Program**

**Outcomes**

**School-Community Liaison Program**

Liaisons continue their important work by strengthening the capacity of families to support children’s learning by forging strong home, school and community partnerships. In Fiscal Year 2014 (FY 2014), the School-Community Liaison Program served 1,708 unduplicated students.

- 1,708 Students were served by the liaisons;
- 2,028 referrals were made to community agencies;
- 93% of the time those referrals were followed through with;
- 81% of students served showed academic improvement;
- 87% of students served showed improved attendance; and
- 88% of students served showed improved behaviors

**24/7 Crisis Hotline Services**

A crisis can happen at any time. With this in mind, the Crisis Hotline is staffed 24/7 to assist members of the community who may be experiencing a psychiatric crisis or emergency situation. Crisis Hotline workers provide education, de-escalation, consultation and referral services to callers.

- Approximately 3,482 persons called the Hotline in Fiscal Year 2014 for a total of 5,172 calls;
- Of the 5,172 calls made to the Crisis Hotline:
  - 1,290 calls (25%) were devoted to Emergent/Crisis-De-escalation needs; and
  - 3,882 calls (75%) were devoted to Education, Consultation & Referral

**Supported Employment (SE)**

Supported Employment (SE) is an evidence-based practice that helps people with severe symptoms of mental & emotional distress identify, acquire, and maintain competitive employment in their communities. SE is assertive about helping people find the job they want as soon as they express a desire to work.

- 72 people struggling with mental health and/or addictions participated in the supported employment program during FY 2014;
- On average, **40%** of those participating in the program were employed at some point during the year! This continues to be an excellent rate;
- Additional program funding through a partnership with Ohio Rehabilitation Services Commission continues. Close to \$18,000 was generated through this partnership to sustain and grow the program (up 20% from last year); and
- New local employers continue to be engaged and developed by the SE Coordinator to give persons involved with the program more employment options. In FY 2014 there were over 30 different employers involved with the SE Program

**Family & Children First Council**

The Family & Children First Council (FCFC) is a partnership of over **33** local social service agencies, systems and families that enhances the well-being of Ashland’s children and families by building community capacity, coordinating systems and services, and engaging and empowering families. FCFC serves children aged prenatal -21 years.

- 144 children aged prenatal to 3 yrs. served by *Help Me Grow* (Tri Co. ESC). Of those, 110 were Early Intervention having a diagnosed disability or medical condition;
- 38 children & 33 adults from 18 families were served with *Family Support Services* (Catholic Charities), a child abuse prevention program;
- 23 families with 56 children aged prenatal -18 yrs. received individualized service opportunity plans from the Care Team, a multi-disciplinary/multi-agency service coordination committee providing holistic solutions to children and families with complex needs;
- With *Family-Centered Support Service* funds from state FCFC, 97 children and 51 families were assisted with essential “gap” needs to build individual & family strengths. These included transportation to out-of-county hospitals, youth socialization activities, respite, after school sports & recreational activities, specialized adaptive equipment, home safety devices for toddlers, summer camp experiences & visual smoke alarms for a hearing impaired caregiver;

## Program



## Outcomes

- The FCFC/United Way *Learn More at 4* School Readiness Initiative distributed over 550 backpack kits for Ashland families to use to prepare their 2015 kindergarteners for school success. Over 22 community agencies, libraries, preschools, and clinics are distributing the materials;
- 144 - *Talk, Read, Play* school readiness learning kits for newborns were provided to families. These United Way funded bags contain a one-of-a kind infant book and resources to encourage parents to support child learning from birth on;
- The FCFC Child Abuse Prevention Month Task Force reached 80 people at its April 1 Kickoff and initiated new downtown banners to raise awareness during the month of April; and
- A new child abuse prevention program, *Strengthening Ashland Homeless Families*, provided ACCESS guests with a parent mentor to assure longer term family stability as well as provided training for 50 community members and Parent Café meetings for parent-to-parent support

### Lifeworx!

Lifeworx is a mental health consumer-run peer recovery and support center. Their goal is to meet the emotional and social needs of members through the means of peer support. Lifeworx is a non-profit organization funded by the Mental Health & Recovery Board of Ashland County. The organization is licensed by the Ohio Department of Mental Health and Addiction Services (ODMHAS) as a “Consumer Operated Program” and became its own independent agency in March of 2007.

Lifeworx will be moving in to new program space beginning October of 2015. The space was developed with the input of Lifeworx members, staff and the Lifeworx Board of Directors. The new space will allow for members to learn/practice food preparation, use computers and participate in the sewing program as well as additional group/individual activities.

- Many members continue to benefit by their participation in groups at Lifeworx which include groups about: Sewing/Arts & Crafts, Boundaries/Respect, Managing Emotions, Etiquette, and Social Interaction;
- Over 25 new persons experienced the benefits of Lifeworx during FY 2014. A total of 115 people participated over the course of the year (a 53% increase over last year!);
- Lifeworx was successful in a grant from the Margaret Clark Morgan Foundation to provide a communication group. More than 20 members participated and were able to talk in front of 10 community organizations telling them about the history of Lifeworx, the benefits of being a member and how Lifeworx has aided them in their own recovery journey; and
- With the help of the Mental Health & Recovery Board, The Ashland County Community Foundation and Trinity Outreach Program, the organization was able to purchase a new Nissan NV Passenger Van and make transportation possible for members in need throughout the county

### Alcohol, Tobacco & Other Drug Prevention

The Ashland County Council on Alcoholism & Drug Abuse (ACCADA) facilitates several evidence-based prevention programs which include:

**Too Good for Drugs**—Too Good for Drugs is an evidence-based prevention curriculum and has become our main program. It has been very well received and been a useful tool in adding new schools/classes that we have not visited for a while. There are 10 lessons per grade level; we currently offer K-8<sup>th</sup> grades.

**Word of Mouth**—Word of Mouth is a tobacco prevention program developed by the American Lung Association. The program offers a 4-lesson curriculum for grades 4-8. The grade levels previously receiving Word of Mouth now have the *Too Good for Drugs*

- In FY 2014 ACCADA produced 1,069 hours of prevention services;
- For FY 2014 prevention programming impacted over 2,000 youth in multiple classrooms (Primary, Middle & High Schools) throughout the county;
- Loudonville and Crestview schools participated in Teen Institute in SFY 14;
- Pre/Post Test Outcomes continue to show improvements, meaning, youth participating in prevention activities are reporting an increased awareness & understanding of the harmful effects of Alcohol, Tobacco and Other Drugs;
- FY 2014 was the first year ACCADA offered a gambling prevention component in the schools; and

## Program

program.

**T.I.**—(Teen Institute) Teen Institute is a group of students learning to be drug-free leaders in their school and community. Members of T.I. must sign a pledge to be drug-free, and are expected to be positive examples in their schools. The groups often sponsor events such as Drug-Awareness Week at their school, and attend retreats whenever possible.

**A.C.T.** – (Ashland Connects to Teens) Catholic Charities Community Services (CCCS) also provides a peer mentoring program for middle school aged youth to reduce alcohol, tobacco or other drug use.

### **Intensive Home Based Treatment**

Intensive Home Based Treatment (IHBT) is an evidence-based service for children/youth and their families to live and function successfully in his or her home, school and the community. It is intended to prevent out-of-home placements and increase the success of children/youth reunifying with their families. Integrated Families and Systems Treatment or I-FAST is the specific model/approach used by Applesseed staff to deliver this service. The program continues to show success with SFY 2014 seeing significant results.

### **Alcohol/Drug Residential/Detox/MAT Services**

Persons receiving alcohol/drug addiction treatment may sometimes require a more intensive level of care than outpatient services. The Ashland County Council on Alcoholism & Drug Abuse (ACCADA) acts as the “gatekeeper” for Ashland County residents requiring either detoxification services from drugs/alcohol and/or residential treatment services. Residential and Detox services can be a vital and necessary step in the recovery process from drugs/alcohol.

### **Transitional Aged Youth Program and Wellness Coordinator**

Youth/young adults between the ages of 16-25 with behavioral and/or emotional challenges are at high risk for unemployment, homelessness, and involvement with the criminal justice system. The Transitional Aged Youth (TAY) program works with these youth to assist them in making a successful transition to adulthood. Referrals come from the County’s Community School (ACCA) and Adult Education Program (ABLE) at the Career Center.

The Wellness Coordinator works with at-risk Ashland adults involved with multiple community systems who present with complex primary & behavioral health needs.

Both programs are funded by the Board thru a contact with The Visiting Nurse Association of Ohio

## Outcomes

- Schools & Grades Receiving Too Good For Drugs: Taft 3<sup>rd</sup> grade; Edison 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> grades; Hillsdale 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grades; Montgomery 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> grades; Osborn 4<sup>th</sup> and 6<sup>th</sup> grades; Loudonville High School 8<sup>th</sup> grade; Mapleton 4<sup>th</sup> grades and Crestview K, 1<sup>st</sup>, 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grades



- Applesseed served over 40 families and 53 youth with high intensity Case Management and Counseling as part of the I-FAST Program in FY 2014; 90% of the youth were successful and did not require removal from the home or a change in custody; and
- Applesseed staff continue to involve themselves in case consultation, utilize DVD’s for discussion and feedback and utilize live supervision (akin to supervision behind the one-way mirror where participants observe and the supervisor makes calls to the therapist engaged with the family) in order to be more effective in helping youth and families. Client, family and therapist outcomes show that the approach is consistently helpful

- 77 individuals participated in ACCADA’s Medication Assisted Treatment (MAT) program in SFY 2014. Of those 77, 71% demonstrated at least some positive treatment outcomes;
- 8 individuals benefited by Residential and/or Detox services in Fiscal Year 2014; and
- 73 days of Residential/Detox services were funded by the Board.

- 15 Youth/young adults were seen in the TAY program during SFY 2014. Program focus areas included:
  - Assistance with Employment
  - Help with Education and Career
  - Skill building around Personal Effectiveness and Wellbeing
  - Assistance with Living Situation
- While not every goal was reached for each youth/young adult seen, all reported being helped by the program to some extent;
- 16 Adults were seen by the Wellness Coordinator in SFY 2014 with over 100 hours of contact hours provided. Focus of attention included:
  - Issues about Medication
  - Facilitating Behavioral & Primary Health Communication and Continuity
  - Residential and Basic Living Assistance
  - Complex Primary Health Assistance

Program

Outcomes

**Jail-Community Based Drug & Alcohol Services**

When persons are incarcerated in the local jail, treatment for Alcohol and Other Drugs (AoD) is still available. Persons incarcerated are offered an array of AoD services with emphasis placed on continued treatment when the person is released back into the community.

New for SFY 2014 (beginning Jan 1, 2014) the Board funded a Jail-Community Linkage position, thru ACCADA, to assist persons exiting the jail who are in need of mental health and/or drug/alcohol services as well as basic living assistance (Housing, employment, benefits, etc.). The primary goal of this program is to help increase the success of persons existing the jail who are struggling with behavioral health issues. The Board has received a one-year grant for this position beginning in SFY 2015.

- The ACCADA Jail Program has served approximately 390 inmates (unduplicated) with screening, individual counseling and/or education in SFY 2014;
- A total of 1,508 hours of Alcohol/Drug services were provided at the Ashland County Jail in Fiscal Year 2014 including:
  - 507 Hours of Screening/Education
  - 215 Hours of Assessment
  - 334 Hours of Individual Counseling
  - 431 Hours of Group Education
- Jail-Community Linkage Data:
  - 49 Persons served
  - Met with 34 community professional to discuss the program
  - Several successes have occurred with increased rates of follow through with outpatient treatment services.

**Alternative Programming for “ADHD”**

Since SFY 2012 the Board, in a partnership with Appleseed Community Mental Health Center, has established programming for youth diagnosed as Attention Deficit/Hyperactive that is not focused on the use of stimulant medication, but on empowering parents and youth thru skill building, communication and strengths based problem solving. This program continues to grow and develop and will continue in SFY 2015.

- 19 youth and 18 parents benefited from this program in SFY 2014;
- In addition to parents and youth, teachers from different districts and grade levels, have been included in the program as well as other professional staff from Appleseed;
- Booster groups were held throughout the year to assist in making parenting/behavioral learnings permanent; and
- This program enters its fourth year in SFY 15

**Summary of Board Funded Recovery Services**

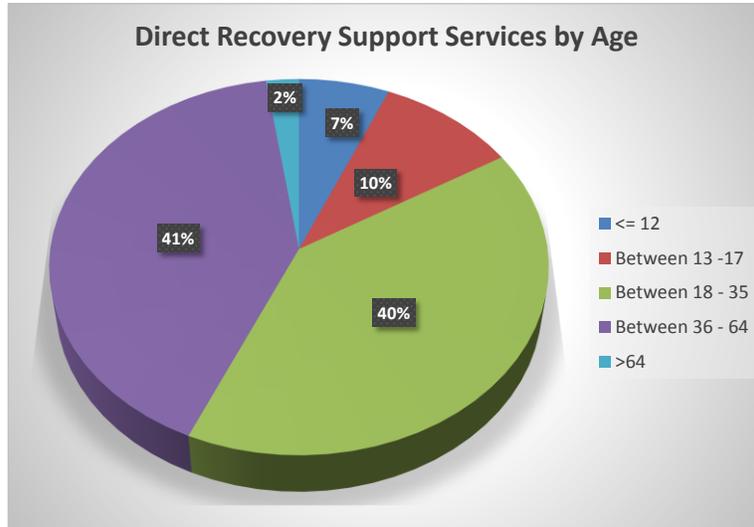
Beginning in State Fiscal Year 2013, Medicaid funding was no longer allocated to local mental health & recovery boards, but rather, was retained and administered at the State level. Therefore, statistics in this section only represent those federal, state and local funds received by the board for mental health and addictions services. Levy funded programs like the School-Community Liaison Program, Prevention Services and Jail-Based Services are not reflected in these numbers.

Please note that even though Medicaid funding for mental health & addictions services no longer flows thru the Board, it is still available to eligible county residents.

Procedures	Client Count	Claim Count	Hours	Net Amount
MH Medical/Somatic	308	1,468	759.40	\$146,278.25
MH Individual CSP	220	3,025	2,282.75	\$194,764.23
MH Individual Counseling	417	2,542	2,467.25	\$205,526.72
MH Group CSP	13	101	124.75	\$4,895.19
MH Group Counseling	5	15	26.50	\$901.16
MH Crisis Intervention	181	256	491.80	\$76,017.98
Diag. Assessment - Physician	100	100	121.30	\$22,833.07
Diag. Assessment - Non-Physician	366	387	426.50	\$51,373.52
<b>Total Mental Health</b>		<b>7,894</b>	<b>6,700.25</b>	<b>\$702,590.12</b>
Procedures	Client Count	Claim Count	Hours	Net Amount
AoD Problem Identification & Referral	1	4	3.00	\$240.00
AoD Information Dissemination	1	25	48.60	\$4,426.89
AoD Individual Counseling	152	1,044	970.50	\$78,510.41
AoD Group Counseling	29	302	422.25	\$14,798.82
AoD Education	1	92	234.60	\$21,383.03
AoD Crisis Intervention	2	2	2.10	\$272.14
AoD Consultation	2	94	172.10	\$10,825.09
AoD Case Management	21	48	14.60	\$1,041.54
AoD Assessment	179	439	432.20	\$36,465.70
AoD Alternatives	1	7	28.90	\$2,641.12
<b>Total Alcohol &amp; Other Drugs</b>		<b>2,057</b>	<b>2,328.85</b>	<b>\$170,604.74</b>

Number of People who Received Direct Board-Funded\* Recovery Support Services in Fiscal Year 2014

**Total = 948**  
Female = 443  
Male = 505  
Mental Health Treatment = 702 (74%)  
Alcohol or Other Drug Treatment = 194 (20%)  
Both = 52 (5%)



\*Doesn't include persons involved with the School-Community Liaison Program, Jail-Based Services or Prevention services

## FY 2014 Annual Report

### Fiscal Year 2014 Receipts

#### Ohio Department of Mental Health & Addiction Services (ODMHAS)

State Mental Health Funds	\$1,260,477
State Title XX	\$27,695
State Hospital Inpatient Dollars	\$385,268
Federal Mental Health Funds	\$32,973
Federal Medicaid Receipts	\$1,225
<b>Mental Health Sub Total</b>	<b>\$1,707,638</b>

State Alcohol and Drug Funds	\$28,517
State Gambling Treatment and Prevention	\$17,382
Federal Alcohol and Drug Funds	\$218,800
<b>Drug/Alcohol Sub Total</b>	<b>\$264,699</b>

#### Ashland County Levy

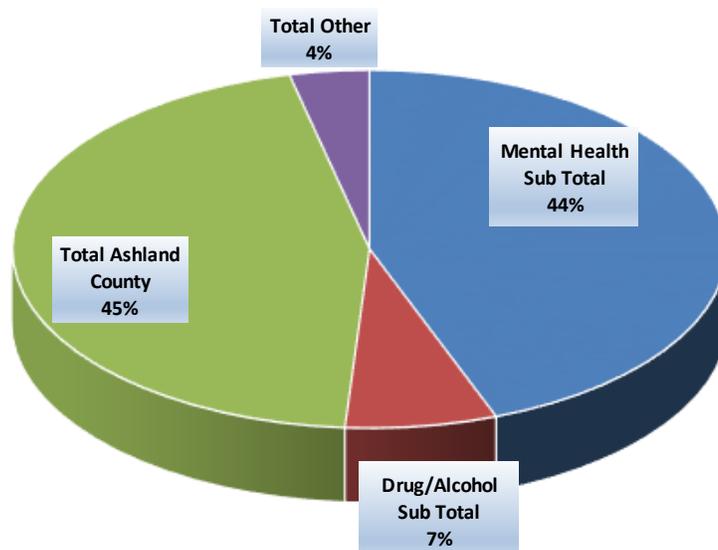
Levy	\$998,711
Levy Carryover	\$749,636
<b>Total Ashland County</b>	<b>\$1,748,346</b>

#### Other

Municipal Court(For Alcohol and Drug Jail Services)	\$15,000
Administrative Support	\$33,701
Career Center Liaison	\$29,452
Margaret Clark Morgan	\$24,388
Misc Receipts	\$31,690
CoC HUD Grant	\$5,000
<b>Total Other</b>	<b>\$139,231</b>

**Total Revenue** **\$3,859,913**

**FY2014 Revenues**



## FY 2014 Annual Report

### Fiscal Year 2014 Expenditures

#### Mental Health Expenditures

Mental Health Direct Treatment Services (Non-Medicaid)	698,151	
Mental Health Direct Treatment Services (Medicaid)	6,100	
School Liaison Services	426,769	
Crisis Hotline	150,450	
Pharmaceutical Assistance	13,960	
Crisis/Diversion Beds	13,485	
Consumer Operated Services	86,488	
Hospital Bed Days	385,268	
Other	158,357	
<b>Total Mental Health Expenditures</b>		<b>\$1,939,028</b>

#### Alcohol and Drug Expenditures

Alcohol/Drug Direct Treatment Services (Non-Medicaid)	166,584	
Alcohol/Drug Direct Treatment Services (Medicaid)	0	
Alcohol/Drug Detox/Residential Services	37,309	
Alcohol/Drug Prevention Services	99,181	
Alcohol/Drug Jail Treatment and Prevention Services	78,678	
<b>Total Alcohol and Drug Expenditures</b>		<b>\$381,752</b>

#### Other Expenditures

Levy Administration Fees	18,872	
Family & Children First Council	6,310	
RSVP Conference	4,405	
Community Education/Training	36,136	
Information Services	14,024	
Church St Building Purchase	486,219	
Other	17,774	
<b>Total Other</b>		<b>\$583,740</b>

#### **Board Administration**

**\$528,341**

#### **FY 2014 Carry Over & State Paybacks**

FY 2014 Carry Over	427,052	
<b>Total FY 2014 Carry Over &amp; State Paybacks</b>		<b>\$427,052</b>

#### **TOTAL EXPENDITURES**

**\$3,859,913**

