

Annual Service Summary – Fiscal Year 2015

Program

Outcomes

School-Community Liaison Program

Liaisons continue their important work by strengthening the capacity of families to support children’s learning by forging strong home, school and community partnerships. In Fiscal Year 2015 (FY 2015), the School-Community Liaison Program served 1,881 unduplicated students.

- 1,881 Students were served by the liaisons;
- 2,218 referrals were made to community agencies;
- 94% of the time those referrals were followed through with;
- 85% of students served showed academic improvement;
- 83% of students served showed improved attendance; and
- 88% of students served showed improved behaviors

24/7 Crisis Hotline Services

A crisis can happen at any time. With this in mind, the Crisis Hotline is staffed 24/7 to assist members of the community who may be experiencing a psychiatric crisis or emergency situation. Crisis Hotline workers provide education, de-escalation, consultation and referral services to callers.

- 3,835 persons made 5,201 calls to the Hotline in Fiscal Year 2015;
- Of the 5,201 calls made to the Crisis Hotline:
 - 2,001 calls (38%) were devoted to Emergent/Crisis-De-escalation needs; and
 - 3,200 calls (62%) were devoted to Education, Consultation & Referral

Supported Employment (SE)

Supported Employment (SE) is an evidence-based practice that helps people with severe symptoms of mental & emotional distress identify, acquire, and maintain competitive employment in their communities. SE is assertive about helping people find the job they want as soon as they express a desire to work.

- 55 people struggling with mental health and/or addictions participated in the supported employment program during FY 2015;
- On average, **42%** of those participating in the program were employed at some point during the year! This continues to be an excellent rate;
- Additional program funding through a partnership with Ohio Rehabilitation Services Commission continues. Over \$18,000 was generated through this partnership to sustain and grow the program; and
- New local employers continue to be engaged and developed by the SE Coordinator to give persons involved with the program more employment options. In FY 2015 there were over 30 different employers involved with the SE Program

Family & Children First Council

The Family & Children First Council (FCFC) is a partnership of over **33** local social service agencies, systems and families that enhances the well-being of Ashland’s children and families by building community capacity, coordinating systems and services, and engaging and empowering families. FCFC serves children aged prenatal -21 years.

- 171 children aged prenatal to 3 yrs. served by *Help Me Grow* (Tri Co. ESC). Of those, 147 were Early Intervention having a diagnosed disability or medical condition;
- 28 children & 24 adults from 14 families were served with *Family Support Services* (Catholic Charities), a child abuse prevention program;
- 19 families with 48 children aged prenatal -18 yrs. received individualized service opportunity plans from the Care Team, a multi-disciplinary/multi-agency service coordination committee providing holistic solutions to children and families with complex needs;
- With *Family-Centered Support Service* funds from state FCFC, 77 children and 41 families were assisted with essential “gap” needs to build individual & family strengths. These included transportation to out-of-county hospitals, youth socialization activities, respite, after school sports & recreational activities, specialized adaptive equipment for a non-verbal child, home safety devices for toddlers, and summer camp experiences.

Program



Outcomes

- The FCFC/United Way *Learn More at 4* School Readiness Initiative distributed over 685 backpack kits for Ashland families to use to prepare their 2015 kindergarteners for school success. Over 26 community agencies, libraries, preschools, and clinics are distributing the materials;
- 128 - *Talk, Read, Play* school readiness learning kits for newborns were provided to families. These United Way funded bags contain a one-of-a kind infant book and resources to encourage parents to support child learning from birth on;
- A new community information and referral line for young families linked to 2-1-1 – *Early Connections* – was launched with an Ohio Department of Health (ODH) grant project with Wayne County MHRB and Catholic Charities; and
- The ODH grant also allowed for a community-wide Health & Wellness Assessment to be conducted. Ashland County needs were identified and target action groups will be created to address the highest priority needs

Lifeworx!

Lifeworx is a mental health consumer-run peer recovery and support center. Their goal is to meet the emotional and social needs of members through the means of peer support. Lifeworx is a non-profit organization funded by the Mental Health & Recovery Board of Ashland County. The organization is licensed by the Ohio Department of Mental Health and Addiction Services (ODMHAS) as a “Consumer Operated Program” and became its own independent agency in March of 2007.

Lifeworx moved in to their new space in October of 2014. They received generous donations from the community to assist with new furniture and program needs. Additionally, the organization has made good use of the new vehicle that was purchased for transportation. Persons with limited or no transportation have been able to benefit from Lifeworx programming.

- Over 25 members benefited through their participation in 12 groups at Lifeworx which topics include: Sewing/Arts & Crafts, Boundaries/Respect, Managing Emotions, Etiquette, and Social Interaction;
- Lifeworx members continue to volunteer in the community. They assisted the Mental Health Board by preparing ‘Vial of Life’ kits for seniors, worked at the fair both and have been reliable helpers at the Cat Sanctuary;
- Lifeworx has continued to remain active with training activities. In addition to training members as Peer Support Specialists, they’ve also planned and hosted a regional training in their new program space; and
- The organization has developed a growth plan and is committed to increasing their membership in SFY 16. With van drivers in place and additional consulting resources, the organization is confident they will be successful. The average daily attendance in SFY 2015 was 13 persons

Alcohol, Tobacco & Other Drug Prevention

The Ashland County Council on Alcoholism & Drug Abuse (ACCADA) facilitates several evidence-based prevention programs in the schools which include:

Too Good for Drugs—Too Good for Drugs is an evidence-based prevention curriculum and has become our main program. It has been very well received and been a useful tool in adding new schools/classes that we have not visited for a while. There are 10 lessons per grade level; we currently offer K-8th grades.

LifeSkills Training (LST)—is a research-validated substance abuse prevention program proven to reduce the risks of alcohol, tobacco, drug abuse, and violence. It is used with adolescents & young teens in several districts.

A.C.T. – (Ashland Connects to Teens) Catholic Charities Community Services (CCCS) also provides a peer mentoring program for middle school aged youth to reduce alcohol, tobacco or other drug use.

- In FY 2015 ACCADA produced 690 hours of prevention services;
- For FY 2015 prevention programming impacted over 2,000 youth in multiple classrooms (Primary, Middle & High Schools) throughout the county;
- Pre/Post Test Outcomes continue to show improvements, meaning, youth participating in prevention activities are reporting an increased awareness & understanding of the harmful effects of Alcohol, Tobacco and Other Drugs;
- FY 2015 was the third year ACCADA offered a gambling prevention component in the schools;
- Districts Receiving Too Good For Drugs include: Ashland City, Loudonville, Crestview, Hillsdale and Mapleton; and
- Turbo Teens, a drug free student group, was started for 6, 7 and 8th graders at Crestview in SFY 15

Program

Start Talking – Targets parents, guardians, educators and community leaders with tools to start the conversation with Ashland youth about the importance of living healthy, drug-free lives. This program was new for SFY 15 and is already making a difference by equipping adults with the information they need to “Start Talking” with young people.

Additionally, due in part to the increase in opioid abuse/addiction, ACCADA has started providing more community-wide prevention via Billboards, newspaper columns, infographics, etc.

Intensive Home Based Treatment

Intensive Home Based Treatment (IHBT) is an evidence-informed service for children/youth and their families to live and function successfully in his or her home, school and the community. It is intended to prevent out-of-home placements and increase the success of children/youth reunifying with their families. Integrated Families and Systems Treatment or I-FAST is the specific model/approach used by Applesseed staff to deliver this service. David Grove, LISW, one of the I-FAST developers, continues to consult with staff to ensure fidelity. The service continues to show success in SFY 2015.

Alcohol/Drug Residential/Detox/MAT Services

Persons receiving alcohol/drug addiction treatment may sometimes require a more intensive level of care than outpatient services. The Ashland County Council on Alcoholism & Drug Abuse (ACCADA) acts as the “gatekeeper” for Ashland County residents requiring either detoxification services from drugs/alcohol and/or residential treatment services. Residential and Detox services can be a vital and necessary step in the recovery process from drugs/alcohol.

Transitional Aged Youth Program and Wellness Coordinator

Youth/young adults between the ages of 16-25 with behavioral and/or emotional challenges are at high risk for unemployment, homelessness, and involvement with the criminal justice system. The Transitional Aged Youth (TAY) program works with these youth to assist them in making a successful transition to adulthood. Referrals come from the County’s Community School (ACCA), Children’s Services and the Adult Education Program (ABLE) at the Career Center.

The Wellness Coordinator works with at-risk Ashland adults involved with multiple community systems who present with complex primary & behavioral health needs. The Wellness Coordinator started to receive referrals from the Ashland Christian Health Center in SFY 15 and has regular time there to see persons in need.

Both programs are funded by the Board thru a contact with The Visiting Nurse Association of Ohio

Outcomes



- Applesseed served over 19 families and 26 youth with high intensity Case Management and Counseling as part of the I-FAST approach in FY 2015; 90% of the youth were successful and did not require removal from the home or a change in custody; and
- Applesseed staff continue to involve themselves in case consultation, utilize DVD’s for discussion and feedback and utilize live supervision (akin to supervision behind the one-way mirror where participants observe and the supervisor makes calls to the therapist engaged with the family) in order to be more effective in helping youth and families. Client, family and therapist outcomes show that the approach is consistently helpful

- 71 individuals participated in ACCADA’s Medication Assisted Treatment (MAT) program in SFY 2015. Of those 71, 61% demonstrated at least some positive treatment outcomes;
- 7 individuals benefited by Residential and/or Detox services in Fiscal Year 2015; and
- 86 days of Residential/Detox services were funded by the Board.

- 28 Youth/young adults were seen in the TAY program during SFY 2015. Program focus areas included:
 - Assistance with Employment
 - Help with Education and Career
 - Skill building around Personal Effectiveness and Wellbeing
 - Assistance with Living Situation
- While not every goal was reached for each youth/young adult seen, all reported being helped by the program to some extent;
- Over 22 Adults were seen by the Wellness Coordinator in SFY 2015 with over 125 hours of contact hours provided. Focus of attention included:
 - Issues about Medication
 - Facilitating Behavioral & Primary Health Communication and Continuity
 - Residential and Basic Living Assistance
 - Complex Primary Health Assistance

Program

Outcomes

Jail-Community Based Drug & Alcohol Services

When persons are incarcerated in the local jail, treatment for Alcohol and Other Drugs (AoD) is still available. Persons incarcerated are offered an array of AoD services with emphasis placed on continued treatment when the person is released back into the community.

In its first full year, the Board along with a grant from ODMHAS funded a Jail-Community Linkage position, thru ACCADA, to assist persons exiting the jail who are in need of mental health and/or drug/alcohol services as well as basic living assistance (Housing, employment, benefits, etc.). The primary goal of this program is to help increase the success of persons exiting the jail who are struggling with behavioral health issues. The Board is continuing to fund this position in SFY 16.

- The ACCADA Jail Program has served approximately 190 inmates (unduplicated) with screening, individual counseling and/or education in SFY 2015;
- A total of 1,512 hours of Alcohol/Drug services were provided at the Ashland County Jail in Fiscal Year 2015 including:
 - 456 Hours of Screening/Education
 - 235 Hours of Assessment
 - 375 Hours of Indiv. Counseling & Case Management
 - 446 Hours of Group Education
- Jail-Community Linkage Data:
 - 90 Persons served
 - Met with 51 community professional to discuss the program
 - Several successes have occurred with increased rates of follow through with outpatient treatment services.

Alternative Programming for “ADHD”

Since SFY 2012 the Board, in a partnership with Appleseed Community Mental Health Center, has established programming for youth diagnosed as Attention Deficit/Hyperactive that is not focused on the use of stimulant medication, but on empowering parents and youth thru skill building, communication and strengths based problem solving. This program continues to grow and develop and will continue in SFY 2015.

- 22 youth and 21 parents benefited from this program in SFY 2015;
- In addition to parents and youth, teachers from different districts and grade levels, have been included in the program as well as other professional staff from Appleseed;
- Booster/activity groups were held throughout the year to assist in making parenting/behavioral learnings permanent; and
- This program enters its fifth year in SFY 16

Summary of Board Funded Recovery Services

Beginning in State Fiscal Year 2013, Medicaid funding was no longer allocated to local mental health & recovery boards, but rather, retained and administered at the State level. Therefore, statistics in this section only represent those federal, state and local funds received by the board for mental health and addictions services. Levy funded programs like the School-Community Liaison Program, Prevention Services and Jail-Based Services and other “Non-Medicaid” services are not reflected in these numbers.

Please note that even though Medicaid funding for mental health & addictions services is no longer administered by the Board, it is still available to eligible county residents.

Procedures	Client Count	Claim Count	Hours	Net Amount
Diag. Assessment - Non-Physician	272	299	360.80	\$41,278.13
Diag. Assessment - Physician	54	54	56.20	\$11,049.63
MH Crisis Intervention	137	206	443.60	\$68,470.18
MH Group Counseling	4	10	18.25	\$623.79
MH Group CSP	4	35	41.00	\$1,608.84
MH Individual Counseling	295	1,499	1,428.50	\$113,975.50
MH Individual CSP	123	2,138	1,812.50	\$154,642.50
MH Medical/Somatic	205	970	508.30	\$97,130.51
Other MH - Forensic Monitoring*	1	26	109.90	\$2,636.39
Total MH	577	5,237	4,779.05	\$491,415.47
Procedures	Client Count	Claim Count	Hours	Net Amount
AoD Alternatives*	1	9	29.90	\$2,747.53
AoD Assessment	155	339	323.30	\$25,722.73
AoD Case Management	34	65	24.10	\$1,782.63
AoD Consultation*	2	67	114.60	\$7,195.91
AoD Crisis Intervention	1	2	3.00	\$388.77
AoD Education*	1	106	259.20	\$23,833.69
AoD Group Counseling	12	126	148.25	\$5,371.85
AoD Individual Counseling	117	726	671.75	\$52,660.05
AoD Information Dissemination*	1	21	39.60	\$3,751.35
AoD Problem Identification & Referral*	1	13	12.10	\$968.00
Total AoD	218	1,474	1,625.80	\$124,422.51
*Non Client-based Services				

Number of People who Received Direct Board-Funded* Recovery Support Services in
Fiscal Year 2015

Total = 762

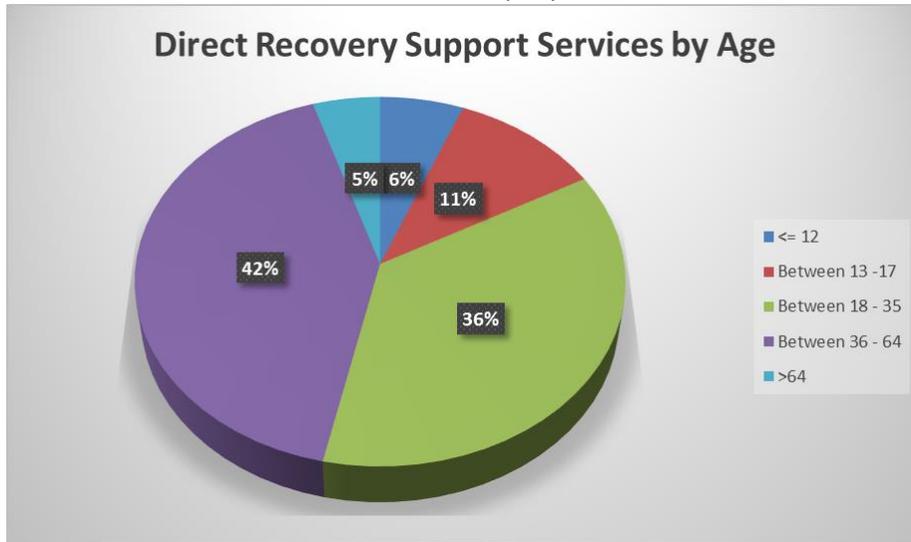
Female = 328 (43%)

Male = 434 (57%)

Mental Health Treatment = 547 (72%)

Alcohol or Other Drug Treatment = 184 (24%)

Both = 31 (4%)



*Doesn't include persons involved with the School-Community Liaison Program, Jail-Based Services or Prevention services

Mental Health & Recovery Board of Ashland County

FY 2015 Annual Report

Fiscal Year 2015 Receipts

Ohio Department of Mental Health & Addiction Services (ODMHAS)

State Mental Health Funds	\$1,320,110
State Title XX	\$27,785
State Hospital Inpatient Dollars	\$189,288
Federal Mental Health Funds	\$32,973
Mental Health Sub Total	\$1,570,156

State Alcohol and Drug Funds	\$24,531
State Gambling Treatment and Prevention	\$17,382
Federal Alcohol and Drug Funds	\$145,868
Drug/Alcohol Sub Total	\$187,781

Ashland County Levy

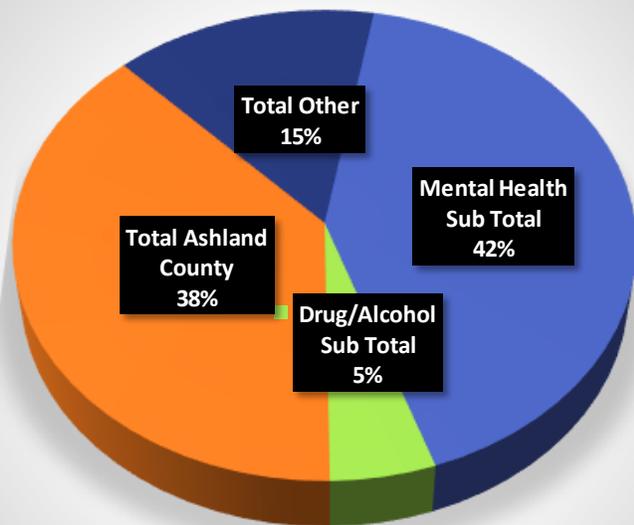
Levy	\$995,747
Levy Carryover	\$429,721
Total Ashland County	\$1,425,468

Other

Municipal Court(For Alcohol and Drug Jail Services)	\$15,000
Administrative Support	\$6,000
Career Center Liaison	\$29,452
Misc Receipts	\$59,199
Capital Grant	\$95,513
CoC HUD Grant	\$45,340
Rent	\$81,308
Other Carryover	\$226,976
Total Other	\$558,788

Total Revenue	\$3,742,193
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FY 2015 Revenues



■ Mental Health Sub Total
 ■ Drug/Alcohol Sub Total
■ Total Ashland County
 ■ Total Other

Mental Health & Recovery Board of Ashland County

FY 2015 Annual Report

Fiscal Year 2015 Expenditures

Mental Health Expenditures

Mental Health Direct Treatment Services (Non-Medicaid)	493,795	
School Liaison Services	426,769	
Crisis Hotline	150,450	
Pharmaceutical Assistance	15,233	
Crisis/Diversion Beds	21,816	
Consumer Operated Services	70,000	
Hospital Bed Days	189,288	
HUD Housing Grant	45,340	
Other	288,479	
Mental Health Sub Total		\$1,701,170

Alcohol and Drug Expenditures

Alcohol/Drug Direct Treatment Services (Non-Medicaid)	123,425	
Alcohol/Drug Detox/Residential Services	34,185	
Alcohol/Drug Prevention Services	90,445	
Alcohol/Drug Jail Treatment and Prevention Services	158,925	
Drug/Alcohol Sub Total		\$406,980

Other Expenditures

Levy Administration Fees	18,592	
Family & Children First Council	14,400	
Community Education/Training	33,650	
Information Services	11,977	
Church St Building Renovation	330,400	
Other	4,252	
Total Other		\$413,271

Church St. Expenses		\$53,199
Board Administration		\$468,012

FY 2015 Carry Over & State Paybacks

FY 2015 Carry Over	699,561	
Total FY 2015 Carry Over & State Paybacks		\$699,561

TOTAL EXPENDITURES		\$3,742,193
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