

Annual Service Summary – Fiscal Year 2016

Program

Outcomes

School-Community Liaison Program

Liaisons continue their important work by strengthening the capacity of families to support children’s learning by forging strong home, school and community partnerships. In Fiscal Year 2016 (FY 2016), the School-Community Liaison Program served 2,026 unduplicated students.

- 2,026 Students were served by the liaisons;
- 2,075 referrals were made to community agencies;
- 94% of the time those referrals were followed through with;
- 85% of students served showed academic improvement;
- 87% of students served showed improved attendance; and
- 88% of students served showed improved behaviors

24/7 Crisis Hotline Services

A crisis can happen at any time. With this in mind, the Crisis Hotline is staffed 24/7 to assist members of the community who may be experiencing a psychiatric crisis or emergency situation. Crisis Hotline workers provide education, de-escalation, consultation and referral services to callers.

- 3,936 persons made 5,453 calls to the Hotline in Fiscal Year 2016;
- Of the 5,453 calls made to the Crisis Hotline:
 - 1,904 calls (35%) were devoted to Emergent/Crisis-De-escalation needs; and
 - 3,548 calls (65%) were devoted to Education, Consultation & Referral

Supported Employment (SE)/Individual Placement & Support (IPS)

Supported Employment (SE)/IPS is an evidence-based practice that helps people with severe symptoms of mental & emotional distress identify, acquire, and maintain competitive employment in their communities. SE/ISP is assertive about helping people find the job that they want as soon as they express a desire to work.

- 55 people struggling with mental health and/or addictions participated in the supported employment program during FY 2016;
- On average, **47%** of those participating in the program were employed at some point during the year! This continues to be an excellent rate;
- Additional program funding through a partnership with Ohio Rehabilitation Services Commission continues. Over \$15,212 was generated through this partnership to sustain and grow the program; and
- New local employers continue to be engaged and developed by the SE Coordinator to give persons involved with the program more employment options. In FY 2016 there were over 26 different employers involved with the SE Program

Family & Children First Council

The Family & Children First Council (FCFC) is a partnership of over **33** local social service agencies, systems and families that enhances the well-being of Ashland’s children and families by building community capacity, coordinating systems and services, and engaging and empowering families. FCFC serves children aged prenatal -21 years.

- FCFC piloted a new service coordination approach. The *Strengthening Ashland Families/Resiliency Team* served 12 adults, 21 children in 7 families with resiliency coaching, a resiliency toolkit and a multi-agency shared service plan to help families find unique solutions to their multi-needs children.
- 201 children aged prenatal to 3 yrs. served by *Help Me Grow* (Tri Co. ESC). 84 were Early Intervention having a diagnosed disability or medical condition. 33 children at risk of developmental delays were served and 84 were evaluated.
- *Family Support Services* (Catholic Charities), a child abuse prevention program, provided 12 adults from 7 families with Child Assault Prevention training and 19 adults with 27 children from 11 families were trained in Triple P parenting.
- With *Family-Centered Support Service* funds from state FCFC, 75 children from 35 families were assisted with essential “gap” needs to build individual and family strengths. These included transportation to out-of-county hospitals, youth socialization activities, respite, after school sports and recreational activities, specialized adaptive equipment for children with autism, and summer camp experiences.

Program



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- The FCFC/United Way *Learn More at 4* School Readiness Initiative distributed over 600 backpack kits for Ashland families to use to prepare their kindergarteners for school success. Over 26 community agencies, libraries, preschools, and clinics are distributing the materials.
- New to FCFC was the creation of FOUR target action groups – *Overcoming Addictions, Health & Wellness, Preventing Interpersonal & Child Violence and Building Bridges Out of Poverty.* Many additional community members joined Council members to work on these groups.

Lifeworx!

Lifeworx is a mental health consumer-run peer recovery and support center. Their goal is to meet the emotional and social needs of members through the means of peer support. Lifeworx is a non-profit organization funded by the Mental Health & Recovery Board of Ashland County. The organization is licensed by the Ohio Department of Mental Health and Addiction Services (OhioMHAS) as a “Consumer Operated Program” and became its own independent agency in March of 2007.

Lifeworx moved in to their new space in October of 2014. They received generous donations from the community to assist with new furniture and program needs. Additionally, the organization has made good use of the new vehicle that was purchased for transportation. Persons with limited or no transportation have been able to benefit from Lifeworx programming.

- Over 30 members benefited through their participation in 15 groups at Lifeworx which topics included: Sewing/Crochet/Needlework, Arts & Crafts, Mindfulness, Self-Esteem, Whole Health Action Management (WHAM), Grief Group, Cooking, Etiquette and Bible Study;
- Lifeworx members continue to volunteer in the community. Not only helping the Mental Health Board and FCFC when needed, they’ve also started to volunteer at Local Roots and continue their volunteerism at the Cat Sanctuary;
- Lifeworx has remained active with conferences/trainings. Conferences & Trainings completed in SFY 16 included the State Mental Health Conference, Wellness Management, DBT and WHAM trainings; and
- The organization has developed a growth plan and is committed to increasing their membership in SFY 17. Revised programming opportunities, including Incentive Based Programming combined with new hours of operation have been well received by members.

Alcohol, Tobacco & Other Drug Prevention

The Ashland County Council on Alcoholism & Drug Abuse (ACCADA) facilitates several evidence-based prevention programs in the schools which include:

Too Good for Drugs—Too Good for Drugs is an evidence-based prevention curriculum and has become our main program. It has been very well received and been a useful tool in adding new schools/classes that we have not visited for a while. There are 10 lessons per grade level; we currently offer K-8th grades.

LifeSkills Training (LST)—is a research-validated substance abuse prevention program proven to reduce the risks of alcohol, tobacco, drug abuse, and violence. It is used with adolescents & young teens in several districts.

A.C.T. – (Ashland Connects to Teens) Catholic Charities Community Services (CCCS) also provides a peer mentoring program for middle school aged youth to reduce alcohol, tobacco or other drug use.

Start Talking – Targets parents, guardians, educators and community leaders with tools to start the conversation with Ashland youth about the importance of living healthy, drug-free lives.

Additionally, due in part to the increase in opioid abuse/addiction, ACCADA has started providing more community-wide prevention via Billboards, newspaper columns, infographics, etc.

- In FY 2016 ACCADA produced 851 hours of prevention services (an increase of 23% from the previous year) impacting over 12,000 county residents;
- For FY 2016 prevention programming impacted over 2,000 youth in multiple classrooms (Primary, Middle & High Schools) throughout the county;
- Pre/Post Test Outcomes continue to show improvements, meaning, youth participating in prevention activities are reporting an increased awareness & understanding of the harmful effects of Alcohol, Tobacco and Other Drugs;
- FY 2016 was the third year ACCADA offered a gambling prevention component in the schools;
- 33 School-Based Education and Community-Based Process Presentations were provided; and
- Grant funding through the Samaritan Hospital Foundation allowed for Prevention Programming through the Summer Months



Program

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Intensive Home Based Treatment

Intensive Home Based Treatment (IHBT) is an evidence-informed service for children/youth and their families to live and function successfully in his or her home, school and the community. It is intended to prevent out-of-home placements and increase the success of children/youth reunifying with their families. Integrated Families and Systems Treatment or I-FAST is the specific model/approach used by Applesseed staff to deliver this service. David Grove, LISW, one of the I-FAST developers, continues to consult with staff to ensure fidelity. The service continues to show success in SFY 2016.

- Applesseed served over 25 families and 38 youth with high intensity Case Management and Counseling as part of the I-FAST approach in FY 2016; @85% of the youth were successful and did not require removal from the home or a change in custody;
- Community Collaboration reached a high-point in SFY 16 with over 27 distinct entities collaborated with; and
- Applesseed staff continue to involve themselves in case consultation, utilize DVD's for discussion and feedback and utilize live supervision in order to be more effective in helping youth and families. Client, family and therapist outcomes show that the approach is consistently helpful in reunifying families and preventing out-of-county placements

Alcohol/Drug Residential/Detox/MAT Services

Persons receiving alcohol/drug addiction treatment may sometimes require a more intensive level of care than outpatient services. The Ashland County Council on Alcoholism & Drug Abuse (ACCADA) acts as the "gatekeeper" for Ashland County residents requiring either detoxification services from drugs/alcohol and/or residential treatment services. Residential and Detox services can be a vital and necessary step in the recovery process from drugs/alcohol.

- 78 individuals participated in ACCADA's Medication Assisted Treatment (MAT) program in SFY 2016. Of those 78, 62% demonstrated at least some positive treatment outcomes;
- 6 individuals benefited by Residential and/or Detox services in Fiscal Year 2016; and
- 35 days of Residential/Detox services were funded by the Board (Increased client healthcare coverage, Medicaid, has reduced the need for Board funding in this area).

Transitional Aged Youth Program and Wellness Coordinator

Youth/young adults between the ages of 16-25 with behavioral and/or emotional challenges are at high risk for unemployment, homelessness, and involvement with the criminal justice system. The Transitional Aged Youth (TAY) program works with these youth to assist them in making a successful transition to adulthood. Referrals come from the County's Community School (ACCA), Children's Services, the Adult Education Program (ABLE) at the Career Center and the Department of Youth Services (DYS).

The Wellness Coordinator works with at-risk Ashland adults involved with multiple community systems who present with complex primary & behavioral health needs. The Wellness Coordinator has continued to receive referrals from the Ashland Christian Health Center in SFY 16 and has regular time there to see persons in need.

Both programs are funded by the Board thru a contact with The Visiting Nurse Association of Ohio

- 27 Youth/young adults were seen in the TAY program during SFY 2016. Program focus areas included:
 - Assistance with Employment
 - Help with Education and Career
 - Skill building around Personal Effectiveness and Wellbeing
 - Assistance with Living Situation
- Outcomes vary for those involved in the program but all reported being helped by the program to some extent;
- 27 Adults were seen by the Wellness Coordinator in SFY 2016 with over 557 hours of direct face-to-face contact hours and 346 hours of support/administrative services provided. Focus of attention included:
 - Issues about Medication
 - Facilitating Behavioral & Primary Health Communication and Continuity
 - Residential and Basic Living Assistance
 - Complex Primary Health Assistance
 - Linking individuals to grief, dementia and insurance supports

Program

Outcomes

Jail & Community Based Drug/Alcohol Services

When persons are incarcerated in the local jail, treatment for Alcohol and Other Drugs (AoD) is still available. Persons incarcerated are offered an array of AoD services with emphasis placed on continued treatment when the person is released back into the community.

Board funding, along with a grant from OhioMHAS, allowed for continuation of the Jail-Community Linkage Program, thru ACCADA, to assist persons exiting the jail who are in need of mental health and/or drug/alcohol services as well as basic living assistance (Housing, employment, education, benefits, etc.). The primary goal of this program is to help increase the success of persons exiting the jail who are struggling with behavioral health issues. The second year of funding continues through the end of SFY 17.

- The ACCADA Jail Program has served approximately 258 inmates (unduplicated) with screening, individual counseling and/or education in SFY 2016;
- A total of 1,538 hours of Alcohol/Drug services were provided at the Ashland County Jail in Fiscal Year 2016 including:
 - 426 Hours of Screening/Education
 - 215 Hours of Assessment
 - 372 Hours of Indiv. Counseling & Case Management
 - 526 Hours of Group Education
- Jail-Community Linkage Data:
 - 155 Persons served
 - 95% of those eligible followed up with Drug/Alcohol Services
 - 100% of persons in the program attained stable housing 3 months post jail release.

Alternative Programming for “ADHD”

Since SFY 2012 the Board, in a partnership with Appleseed Community Mental Health Center, has established programming for youth diagnosed as Attention Deficit/Hyperactive that is not focused on the use of stimulant medication, but on empowering parents and youth thru skill building, communication and strengths based problem solving. This program continues to grow and develop and will continue in SFY 2017.

- 18 youth and 21 parents benefited from three, 6-week long groups in SFY 2016;
- In addition to parents and youth, teachers from different districts and grade levels, have been included in the program as well as other professional staff from Appleseed;
- Booster/activity groups were held throughout the year to assist in making parenting/behavioral learnings permanent; and
- This program enters its sixth year in SFY 17

Summary of Continuum of Care Services

Recent changes in Ohio Law require Boards to provide a “full continuum of behavioral health services” to residents in their Board area. Regardless of funding source, Boards are required to ensure that residents have access to a wide range of mental health and addiction services. Some services must be provided within the county while others can be provided in neighboring counties. The data presented represent continuum of care service investments supported through Medicaid and Non-Medicaid funding.

Services not on the “continuum” like levy funded programs (School-Community Liaison Program, Prevention Services and Jail-Based Services, etc.) are not reflected in these numbers.

- Total Medicaid Investment in Mental Health Continuum of Care Services in SFY 16: \$3,223,965 (71% of Total Investment);
- Total Non-Medicaid Investment in Mental Health Continuum of Care Services in SFY 16: \$538,683 (12% of Total Investment);
- Total Medicaid Investment in Drug/Alcohol Continuum of Care Services in SFY 16: \$668,671 (15% of Total Investment);
- Total Non-Medicaid Investment in Drug/Alcohol Continuum of Care Services in SFY 16: \$93,463 (2% of Total Investment); and
- Total Medicaid & Non-Medicaid Investment in both Mental Health and Drug/Alcohol Services in SFY 16: \$4,524,781

Number of People who Received Medicaid/Non-Medicaid Continuum of Care Services in Fiscal Year 2016*

Total = 2,756

Female = 1,368 (50%)

Male = 1,388 (50%)

Mental Health Treatment = 2,408 (88%)

Alcohol or Other Drug Treatment = 475 (17%)

Both = 127 (5%)

Continuum of Care Services By Age Group*

- Between 0-12 years (17%)
- Between 13-17 years (18%)
- Between 18-35 years (31%)
- Between 36-64 years (31%)
- Greater than 64 years (3%)

*Doesn't include persons involved with the School-Community Liaison Program, Jail- Based Services or Prevention services

Mental Health & Recovery Board of Ashland County FY 2016 Annual Report

FY 2016 Receipts

Ohio Department of Mental Health & Addiction Services (ODMHAS)

State Mental Health Funds	\$1,325,288
State Title XX	\$27,745
State Hospital Inpatient Dollars	\$232,308
Federal Mental Health Funds	\$32,973
Mental Health Sub Total	\$1,618,314

State Alcohol and Drug Funds	\$24,531
State Gambling Treatment and Prevention	\$17,382
Federal Alcohol and Drug Funds	\$180,936
Drug/Alcohol Sub Total	\$222,849

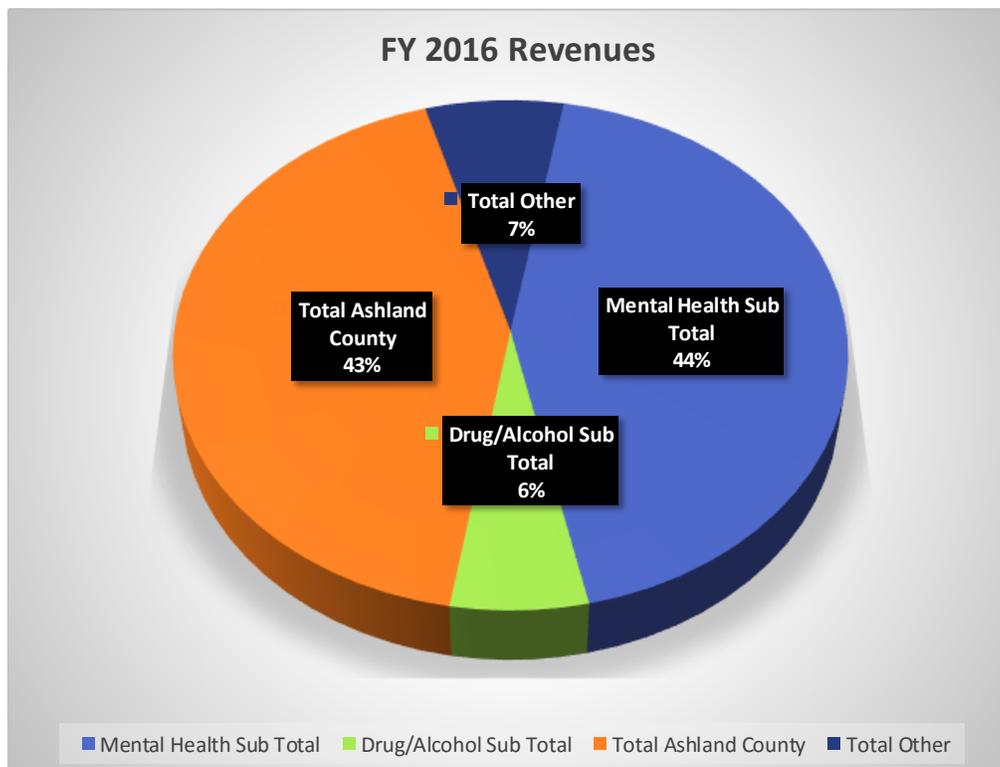
Ashland County Levy

Levy	\$1,004,530
Levy Carryover	\$579,745
Total Ashland County	\$1,584,275

Other

Municipal Court(For Alcohol and Drug Jail Services)	\$15,000
Administrative Support	\$6,000
Career Center Liaison	\$29,452
MCM Grants	\$9,500
Misc Receipts	\$37,815
CoC HUD Grant	\$65,650
Rent	\$74,327
Other Carryover	\$30,000
Total Other	\$267,744

TOTAL REVENUE \$3,693,181



Mental Health & Recovery Board of Ashland County FY 2016 Annual Report

FY 16 Expenditures

Mental Health Expenditures

Mental Health Direct Treatment Services (Non-Medic)	538,683	
School Liaison Services	426,769	
Crisis Hotline	150,450	
Pharmaceutical Assistance	3,810	
Crisis/Diversion Beds	22,030	
Consumer Operated Services	83,203	
Hospital Bed Days	232,308	
HUD Housing Grant	65,650	
State Hospital Transportation	950	
Other	367,842	
Total Mental Health Expenditures		\$1,891,694

Alcohol and Drug Expenditures

Alcohol/Drug Direct Treatment Services (Non-Medic)	93,463	
Alcohol/Drug Detox/Residential Services	20,257	
Alcohol/Drug Prevention Services	84,540	
Alcohol/Drug Jail Treatment and Prevention Services	144,227	
Total Alcohol and Drug Expenditures		\$342,487

Other Expenditures

Levy Administration Fees	27,223	
Family & Children First Council	6,160	
Community Education/Training	59,573	
Information Services	18,568	
Other	834	
Total Other		\$112,357

Church St. Expenses	\$79,612
Board Administration	\$497,772

FY 2016 Carry Over & State Paybacks

FY 2016 Carry Over	769,259	
Total FY 2016 Carry Over & State Paybacks		\$769,259

TOTAL EXPENDITURES **\$3,693,181**

