

Annual Service Summary – Fiscal Year 2017

Program

Outcomes

School-Community Liaison Program

Liaisons continue their important work by strengthening the capacity of families to support children’s learning by forging strong home, school and community partnerships. In Fiscal Year 2017 (FY 2017), the School-Community Liaison Program served 2,023 unduplicated students.

- 2,023 Students were served by the liaisons;
- 2,394 referrals were made to community agencies;
- 93% of the time those referrals were followed through with;
- 86% of students served showed academic improvement;
- 88% of students served showed improved attendance; and
- 88% of students served showed improved behaviors

24/7 Crisis Hotline Services (419.289.6111)

A crisis can happen at any time. With this in mind, the Crisis Hotline is staffed 24/7 to assist members of the community who may be experiencing acute and severe emotional distress. Crisis Hotline workers provide education, de-escalation, consultation and referral services to callers in a timely manner.

- 2,974 persons made 4,529 calls to the Hotline in Fiscal Year 2017;
- Of the 4,529 calls made to the Crisis Hotline:
 - 1,682 calls (37%) were devoted to Emergent/Crisis-De-escalation needs; and
 - 2,847 calls (63%) were devoted to Education, Consultation & Referral

Supported Employment (SE)/Individual Placement & Support (IPS)

Supported Employment SE/IPS is an evidence-based practice that helps people with severe symptoms of mental & emotional distress identify, acquire, and maintain competitive employment in their communities. SE/ISP is assertive about helping people find employment that they want as soon as they express a desire to work.

- 65 people struggling with mental health and/or addictions participated in the supported employment program during FY 2017;
- On average, **46%** of those participating in the program were employed at some point during the year! This continues to be an excellent rate;
- Additional program funding through a partnership with The Bureau of Vocational Rehabilitation continues. Over \$10,351 was generated through this partnership to sustain and grow the program; and
- New local employers continue to be engaged and developed by the SE Coordinator to give persons involved with the program more employment options. In FY 2017 there were over 26 different employers involved with the SE Program

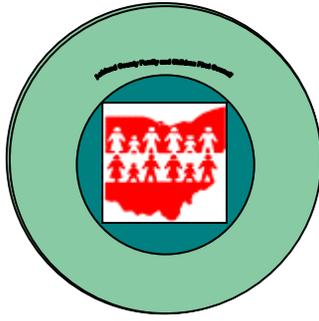
Family & Children First Council

The Family & Children First Council (FCFC) is a partnership of over **33** local social service agencies, systems and families that enhances the well-being of Ashland’s children and families by building community capacity, coordinating systems and services, and engaging and empowering families. FCFC serves children aged prenatal -21 years.

Beginning SFY 2018, the Ashland County Commissioners will assume the administrative and fiscal agent responsibilities for the FCFC from the Board. The Board has valued the many years of being the administrative and fiscal agent and will work with the Commissioners to ensure a smooth transition and continued success of the FCFC.

- Trauma-informed, strengths-based service coordination was provided by the *Strengthening Ashland Families/Resiliency Team*. The program helped families find unique solutions to their multi-needs children. One-one resiliency coaching, a resiliency toolkit and a multi-agency shared service plan was provided to 11 families serving 12 adults and 25 children;
- 81 children aged prenatal to 3 yrs. were served by *Help Me Grow* Early Intervention Program by Tri Co. ESC and Dale Roy staff. Developmental assessments and linkage to services were provided;
- With *Family-Centered Support Service* funds from state FCFC, 48 children from 25 families were assisted with essential “gap” needs to build individual and family strengths. These included transportation to out-of-county hospitals, youth socialization activities, respite, after school sports and recreational activities, specialized adaptive equipment for children with autism and summer camp experiences;
- In partnership with the Ashland County/City Health Department, a comprehensive web-based resource guide was created. The interactive web page contains more than 30 subject categories of Ashland county community resources helping citizens of all ages know where to get help from basic needs to senior, youth and veteran services;

Program



Outcomes

- The FCFC/United Way School Readiness Initiative provided 64 Ashland families with *Talk, Read, Play Newborn Learning bags* to use to get an early start for school success. UH Samaritan Birthing Center nurses distributed the bags to new parents; and
- All four target action groups – *Overcoming Addictions, Health & Wellness, Trauma and Resiliency Initiative and Building Bridges Out of Poverty* expanded membership to include new community members and agencies including Ashland University, Ashland Ministerial Association, UH Samaritan Hospital, Ashland City Schools, Kingston, Lutheran Social Services, interested volunteers and many others. Some activities included community education regarding the opioid crisis, fresh produce outlets, summer child lunch programs, and trauma informed practices as well as discussions of meeting Ashland's child care crisis, poverty simulations, wellness education and developing a trauma informed community.

Alcohol, Tobacco & Other Drug Prevention

The Ashland County Council on Alcoholism & Drug Abuse (ACCADA) facilitates several evidence-based prevention programs in the schools which include:

Too Good for Drugs—Too Good for Drugs is an evidence-based prevention curriculum and has become our main program. It has been very well received and been a useful tool in adding new schools/classes that we have not visited for a while. There are 10 lessons per grade level; we currently offer K-8th grades.

Start Talking – Targets parents, guardians, educators and community leaders with tools to start the conversation with Ashland youth about the importance of living healthy, drug-free lives.

Youth-Led Prevention (Turbo Teens) – Many young people are actively involved in making sure they and their peers avoid risky behaviors like drinking, drug use, and physical violence. The Turbo Teens program at Crestview continues to grow and have an impact.

Opioid Public Education – Due to the increase in opioid abuse/addiction as well as opioid overdoses in the county & statewide, ACCADA has started providing more community-wide prevention via Billboards, newspaper columns, etc.

A.C.T. – (Ashland Connects to Teens) Catholic Charities Community Services (CCCS) also provides a peer mentoring program for middle school aged youth to reduce alcohol, tobacco or other drug use.

Multi-Generational Mentoring (MGM) Program & Golden Center

With two sites now (Loudonville Library & Millrun Place) Seniors who may lack opportunities to be involved in the community can partner with at-risk elementary school youth needing help with their education (homework). This after-school mentoring program helps both the youth and seniors involved. McMullen and Budd schools participate in the Loudonville program while Reagan Elementary is the primary school for the Ashland program. The Golden Center continues to provide a place for seniors that promotes socialization and decreases isolation.

- In FY 2017 ACCADA produced 880 hours of prevention services (a new high!) impacting over 12,000 county residents;
- For FY 2017, prevention programming impacted over 2,000 youth in multiple classrooms (Primary, Middle & High Schools) throughout the county;
- Pre/Post Test Outcomes continue to show improvements, meaning, youth participating in prevention activities are reporting an increased awareness & understanding of the harmful effects of Alcohol, Tobacco and Other Drugs;
- ACCADA continues to make available a gambling prevention component in the schools; and
- 33 School-Based Education and Community-Based Process Presentations were provided



- 15 youth participated in the MGM programs in both Loudonville and Ashland working with 12 older adult mentors;
- Over 208 hours of after-school educational and mentoring support to the youth was provided by the older adult mentors;
- Over 73 seniors at both locations were involved with Golden Center activities (socialization and education); and
- A variety of topics of interest to the seniors were offered to Golden Center participants including: Health & Wellness, Safety, Fraud/exploitation information, and Volunteerism

Program

Outcomes

Intensive Home Based Treatment

Intensive Home-Based Treatment (IHBT) is an evidence-informed service for children/youth and their families to live and function successfully in his or her home, school and the community. It is intended to prevent out-of-home placements and increase the success of children/youth reunifying with their families. Integrated Families and Systems Treatment or I-FAST is the specific model/approach used by Applesseed staff to deliver this service. David Grove, LISW, one of the I-FAST developers, continues to consult with staff to ensure fidelity. The service continues to show success in SFY 2017.

- Applesseed served 27 families and 29 youth with high intensity Case Management and Counseling as part of the I-FAST approach in FY 2017; the majority served have transferred or were close due to successful progress;
- Community Collaboration continues to be strong in SFY 17 with over 18 distinct entities collaborated with; and
- Applesseed staff continue to involve themselves in case consultation, utilize DVD's for discussion and feedback and utilize live supervision to be more effective in helping youth and families. Client, family and therapist outcomes show that the approach is consistently helpful in reunifying families and preventing out-of-county placements

Alcohol/Drug Residential/Detox/MAT Services

Persons receiving alcohol/drug addiction treatment may sometimes require a more intensive level of care than outpatient services. The Ashland County Council on Alcoholism & Drug Abuse (ACCADA) acts as the "gatekeeper" for Ashland County residents requiring either detoxification services from drugs/alcohol and/or residential treatment services. Residential and Detox services can be a vital and necessary step in the recovery process from drugs/alcohol.

- 61 individuals participated in ACCADA's Medication Assisted Treatment (MAT) program in SFY 2017. Of those 61, 72% demonstrated at least some positive treatment outcomes;
- 14 individuals benefited by Residential and/or Detox services in Fiscal Year 2017; and
- 140 days of Residential/Detox services were funded by the Board (Higher than historical trend due to one or two particularly complex instances of addiction)

Transitional Aged Youth Program and Wellness Coordinator

Youth/young adults between the ages of 16-25 with behavioral and/or emotional challenges are at high risk for unemployment, homelessness, and involvement with the criminal justice system. The Transitional Aged Youth (TAY) program works with these youth to assist them in making a successful transition to adulthood. Referrals come from the County's Community School (ACCA), Children's Services, the Adult Education Program (ABLE) at the Career Center and the Department of Youth Services (DYS).

The Wellness Coordinator works with at-risk Ashland adults involved with multiple community systems who present with complex primary & behavioral health needs. The Wellness Coordinator has continued to receive referrals from the Ashland Christian Health Center in SFY 17 and has regular time there to see persons in need of help.

SFY 2017 was the last year of contracting for these services via The Visiting Nurse Association of Ohio. In SFY 2018, the services will be provided through a contract with Catholic Charities.

- 31 Youth/young adults were seen in the TAY program during SFY 2017. Program focus areas included:
 - Assistance with Employment
 - Help with Education and Career (Career Fair, Job Corp, Job Board)
 - Skill building around Personal Effectiveness and Wellbeing (Support Group)
 - Assistance with Living Situation
- Outcomes vary for those involved in the program but all reported being helped by the program; and
- 36 Adults were seen by the Wellness Coordinator in SFY 2017 with over 739 hours of direct face-to-face contact hours and support/administrative services provided. Focus of attention included:
 - Issues about Medication;
 - Facilitating Behavioral & Primary Health Communication and Continuity;
 - Facilitating access to Health Care coverage and managing bills for health care services;
 - Complex Primary Health Assistance;
 - Linking individuals to grief, dementia and oral health; and
 - Assisting with food, shelter and employment

Program

Outcomes

Jail & Community Based Drug/Alcohol Services

When persons are incarcerated in the local jail, treatment for Alcohol and Other Drugs (AoD) is still available. Persons incarcerated are offered an array of AoD services with emphasis placed on continued treatment when the person returns to the community.

Board funding, along with a grant from OhioMHAS, allowed for continuation of the Jail-Community Linkage Program, thru ACCADA, to assist persons exiting the jail who are in need of mental health and/or drug/alcohol services as well as basic living assistance (Housing, employment, education, benefits, etc.). The primary goal of this program is to help increase the success of persons exiting the jail who are struggling with behavioral health issues. The fourth year of funding continues through the end of SFY 18.

Alternative Programming for “ADHD”

Since SFY 2012 the Board, in a partnership with Appleseed Community Mental Health Center, has established programming for youth diagnosed as Attention Deficit/Hyperactive that is not focused on the use of stimulant medications, but on empowering parents and youth thru skill building, communication and strengths based problem solving. This program continues to grow and develop and will continue in SFY 2018.

Summary of Continuum of Care Services

Recent changes in Ohio Law require Boards to provide a “full continuum of behavioral health services” to residents in their Board area. Regardless of funding source, Boards are required to ensure that residents have access to a wide range of mental health and addiction services. Some services must be provided within the county while others can be provided in neighboring counties. The data presented represent continuum of care service investments supported through Medicaid and Non-Medicaid funding.

Services not on the “continuum” like levy funded programs (School-Community Liaison Program, Prevention Services and Jail-Based Services, etc.) are not reflected in these numbers.

- The ACCADA Jail Program has served approximately 221 inmates (unduplicated) with screening/education, individual counseling & case management and/or group education in SFY 2017;
- A total of 1,434 hours of Alcohol/Drug services were provided at the Ashland County Jail in Fiscal Year 2017 including:
 - 451 Hours of Screening/Education
 - 234 Hours of Assessment
 - 372 Hours of Indiv. Counseling & Case Management
 - 378 Hours of Group Education
- Jail-Community Linkage Data:
 - Over 175 Persons served
 - Over 90% had no new arrests
 - Over 50 persons trained in working with behavioral health issues within a jail setting
 - 100% of persons in the program attained stable housing 3 months post jail release.

- 14 youth and 18 parents benefited from two, 6-week long groups in SFY 2017; an additional 20 youth benefitted from a series of structured groups through Rising Star Martial Arts;
- In addition to parents and youth, teachers from different districts and grade levels, have been included in the program as well as other professional staff from Appleseed;
- Booster/activity groups were held throughout the year to assist in making parenting/behavioral learnings permanent; and
- This program enters its seventh year in SFY 18

- Total Medicaid Investment in Mental Health Continuum of Care Services in SFY 17: \$3,201,425 (68% of Total Investment);
- Total Non-Medicaid Investment in Mental Health Continuum of Care Services in SFY 17: \$513,665 (11% of Total Investment);
- Total Medicaid Investment in Drug/Alcohol Continuum of Care Services in SFY 17: \$883,393 (19% of Total Investment);
- Total Non-Medicaid Investment in Drug/Alcohol Continuum of Care Services in SFY 17: \$88,540 (2% of Total Investment); and
- Total Medicaid & Non-Medicaid Investment in both Mental Health and Drug/Alcohol Services in SFY 17: \$4,687,024

Number of People who Received Medicaid & Non-Medicaid Continuum of Care Services in Fiscal Year 2017*

Total = 2,886

Female = 1,414 (49%)

Male = 1,473 (51%)

Mental Health Treatment = 2,517 (87%)

Alcohol or Other Drug Treatment = 539 (19%)

Both = 170 (6%)

Continuum of Care Services By Age Group*

- Between 0-12 years (16%)
- Between 13-17 years (17%)
- Between 18-35 years (32%)
- Between 36-64 years (32%)
- Greater than 64 years (3%)

*Doesn't include persons involved with the School-Community Liaison Program, Jail- Based Services or Prevention services

Mental Health & Recovery Board of Ashland County FY 2017 Annual Report

FY2017 Receipts

Ohio Department of Mental Health & Addiction Services (OhioMHAS)

State Mental Health Funds	\$1,361,119	
State Title XX	\$27,543	
State Hospital Inpatient Dollars	\$200,760	
Federal Mental Health Funds	\$32,973	
Mental Health Sub Total		\$1,622,395

State Alcohol and Drug Funds	\$24,530	
State Gambling Treatment and Prevention	\$17,382	
Federal Alcohol and Drug Funds	\$218,240	
Drug/Alcohol Sub Total		\$260,152

Ashland County Levy

Levy	\$998,302	
Levy Carryover	\$730,336	
Total Ashland County		\$1,728,639

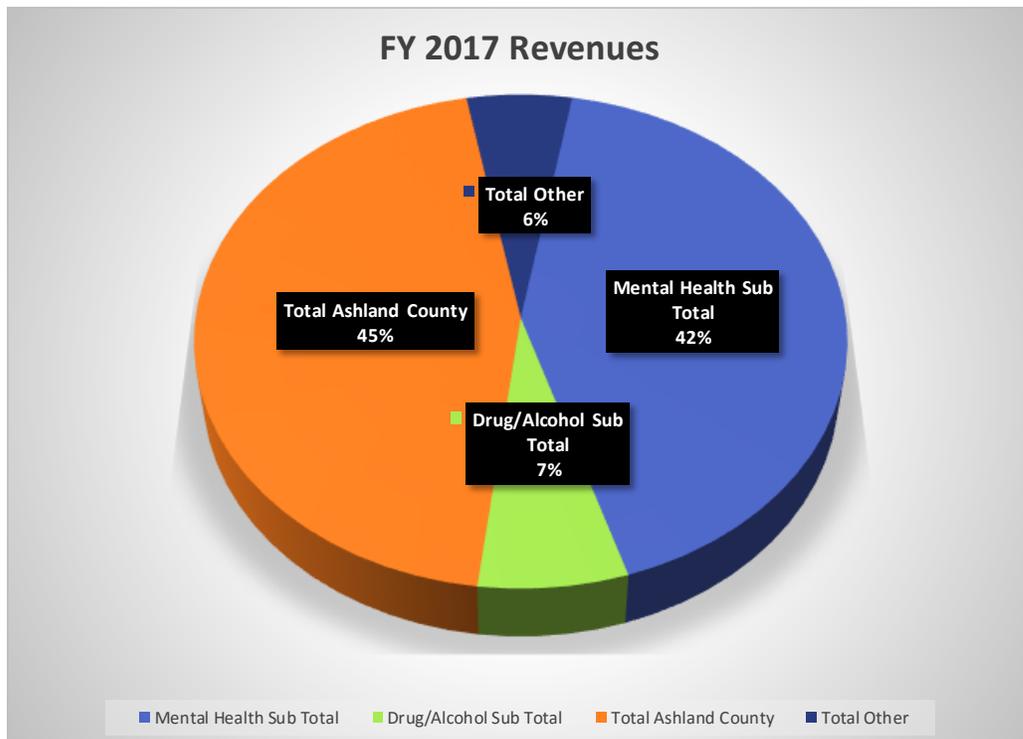
Other

Municipal Court(For Alcohol and Drug Jail Services)	\$15,000	
Administrative Support	\$6,000	
Career Center Liaison	\$30,335	
Misc Receipts	\$24,265	
Continuum of Care HUD Grant	\$55,630	
Rent	\$87,590	
Total Other		\$218,820

FY16 Carryover into FY17

Criminal Justice Carryover	\$13,000	
Title XX Carryover	\$286	
Early Childhood Mental Health Carryover	\$29,700	
Central Pharmacy Carryover	\$2,042	
Other Carryover	\$5,711	
Total FY16 Carryover		\$50,739

TOTAL REVENUE \$3,880,744



Mental Health & Recovery Board of Ashland County FY 2017 Annual Report

FY17 Expenditures

Mental Health Expenditures

Mental Health Direct Treatment Services (Non-Medicaid)	485,782	
School Liaison Services	426,769	
Crisis Hotline	150,450	
Pharmaceutical Assistance	2,042	
Crisis/Diversion Beds	24,748	
Consumer Operated Services	74,467	
Hospital Bed Days	200,760	
HUD Housing Grant	55,630	
State Hospital Transportation	1,050	
Other	422,481	
Total Mental Health Expenditures		\$1,844,180

Alcohol and Drug Expenditures

Alcohol/Drug Direct Treatment Services (Non-Medicaid)	81,460	
Alcohol/Drug Detox/Residential Services	47,570	
Alcohol/Drug Prevention Services	93,697	
Alcohol/Drug Jail Treatment and Prevention Services	223,198	
Total Alcohol and Drug Expenditures		\$445,925

Other Expenditures

Levy Administration Fees	20,402	
Family & Children First Council	6,160	
Community Education/Training	56,471	
Information Services	83,918	
Respite	16,855	
Capital Improvements	10,178	
Total Other		\$193,985

Church St. Expenses		\$50,688
Board Administration		\$438,681

FY 2017 Carry Over & State Paybacks

FY2017 Respite Payback	\$3,928	
FY2017 SAPT Carryover	\$16,880	
FY 2017 Carry Over	886,477	
Total FY 2017 Carry Over & State Paybacks		\$907,285

TOTAL EXPENDITURES **\$3,880,744**

