

Annual Service Summary – Fiscal Year 2018

Program

Outcomes

School-Community Liaison Program

Liaisons continue their important work by strengthening the capacity of families to support children’s learning by forging strong home, school and community partnerships. In Fiscal Year 2018 (FY 2018), the School-Community Liaison Program served 2,021 unduplicated students.

- 2,021 Students were served by the liaisons;
- 2,264 referrals were made to community agencies;
- 95% of the time those referrals were followed through with;
- 84% of students served showed academic improvement;
- 83% of students served showed improved attendance; and
- 88% of students served showed improved behaviors

24/7 Crisis Hotline Services (419.289.6111)

A crisis can happen at any time. With this in mind, the Crisis Hotline is staffed 24/7 to assist members of the community who may be experiencing acute and severe emotional distress. Crisis Hotline workers provide education, de-escalation, consultation and referral services to callers in a timely manner.

- 3,209 persons made 4,648 calls to the Hotline in Fiscal Year 2018;
- Of the 4,648 calls made to the Crisis Hotline:
 - 1,707 calls (37%) were devoted to Emergent/Crisis-De-escalation needs; and
 - 2,941 calls (63%) were devoted to Education, Consultation & Referral

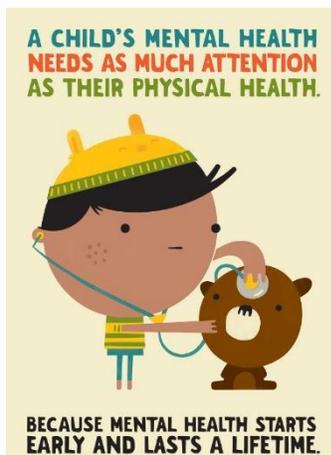
Supported Employment (SE)/Individual Placement & Support (IPS)

Supported Employment SE/IPS is an evidence-based practice that helps people with severe symptoms of mental & emotional distress identify, acquire, and maintain competitive employment in their communities. SE/ISP is assertive about helping people find employment *that they want* as soon as they express a desire to work.

- 72 people struggling with mental health and/or addictions participated in the supported employment program during FY 2018;
- On average, **52%** of those participating in the program were employed at some point during the year! This continues to be an excellent rate;
- Additional program funding through a partnership with The Bureau of Vocational Rehabilitation continues. Over \$12,000 was generated through this partnership to sustain and grow the program; and
- New local employers continue to be engaged and developed by the SE Coordinator to give persons involved with the program more employment options. In FY 2018 there were over 29 different employers involved with the SE Program

Early Childhood Mental Health (ECMH)

Services promoting healthy social and emotional development and school readiness among children age six and younger are vital.



The Board funds several ECMH services including Early Childhood Mental Health Consultation, Home-Based Education and Skills Building for youth and parents as well as ongoing professional development for those providing ECMH services.

- MHRB Director of Early Childhood and Prevention developed a two-generation toolkit, the *Ashland Brainy Resilience Project*, to promote resiliency skills in children aged preschool – young teens and their caregivers;
- Catholic Charities’ *Healthy Children Strong Families* staff are using the toolkit for home-based family visits. They have served approximately 9 families, several of whom are working toward reunification with their children who were removed by Children’s Services. It has helped parents of various ages as well as kinship caregivers raising grandchildren due to parental incarceration;
- Other professionals using the toolkit include play therapists, early childhood therapists, ACCADDA, ACCESS program for homeless families, and ACCA (alternative school) staff. Promotion and exploration of toolkit uses continue;
- Another collaboration is with Catholic Charities’ Early Childhood Mental Health consultant to develop classroom calming learning centers for 18 Head Start classrooms; and
- To date, there were 5 presentations in *Trauma-informed, Resiliency-Based Practice* for a variety of professionals and groups.

Program

Alcohol, Tobacco & Other Drug Prevention

The Ashland County Council on Alcoholism & Drug Abuse (ACCADA) facilitates several evidence-based prevention programs in the schools which include:

Too Good for Drugs—Too Good for Drugs is an evidence-based prevention curriculum and has become our main program. It has been very well received and been a useful tool in adding new schools/classes that we have not visited for a while. There are 10 lessons per grade level; we currently offer K-8th grades.

Start Talking – Targets parents, guardians, educators and community leaders with tools to start the conversation with Ashland youth about the importance of living healthy, drug-free lives.

Opioid Public Education – Due to the increase in opioid abuse/addiction as well as opioid overdoses in the county & statewide, ACCADA has started providing more community-wide prevention via Billboards, newspaper columns, etc.

A.C.T. – (Ashland Connects to Teens) Catholic Charities Community Services (CCCS) also provides a peer mentoring program for middle school aged youth to reduce alcohol, tobacco or other drug use.

Multi-Generational Mentoring (MGM) Program & Golden Center

With two sites now (Loudonville Library & Millrun Place) Seniors who may lack opportunities to be involved in the community can partner with at-risk elementary school youth needing help with their education (homework). This after-school mentoring program helps both the youth and seniors involved. McMullen and Budd schools participate in the Loudonville program while Reagan Elementary is the primary school for the Ashland program. The Golden Center continues to provide a place for seniors that promotes socialization and decreases isolation.

Intensive Home-Based Treatment

Intensive Home-Based Treatment (IHBT) is an evidence-informed service for children/youth and their families to live and function successfully in his or her home, school and the community. It is intended to prevent out-of-home placements and increase the success of children/youth reunifying with their families. Integrated Families and Systems Treatment or I-FAST is the specific model/approach used by Appleseed staff to deliver this service. David Grove, LISW, one of the I-FAST developers, continues to consult with staff to ensure fidelity. The service continues to show success in SFY 2018.

Outcomes

- In FY 2018, ACCADA produced 931 hours of prevention services (a new high!) impacting thousands of county residents;
- For FY 2018, prevention programming impacted over 4,000 youth in multiple classrooms (Primary & Middle Schools) throughout the county;
- Pre/Post Test Outcomes continue to show improvements, meaning, youth participating in prevention activities are reporting an increased awareness & understanding of the harmful effects of Alcohol, Tobacco and Other Drugs;
- ACCADA continues to make available a gambling prevention component in the schools; and
- 17 School-Based Education and Community-Based Process Presentations were provided impacting 200 people.



- 15 youth participated in the MGM programs in both Loudonville and Ashland working with 8 older adult and 8 youth mentors;
- Over 183 hours of after-school educational and mentoring support to the youth was provided by the older adult mentors;
- Over 88 seniors at both locations were involved with Golden Center activities (socialization and education); and
- A variety of topics of interest to the seniors were offered to Golden Center participants including: Health & Wellness, Safety, Fraud/exploitation information, and Volunteerism

- Appleseed served 40 families and 51 youth with high intensity Case Management and Counseling as part of the I-FAST approach in FY 2018; many of those involved in the program have transferred or were closed due to successful progress;
- Community Collaboration continues to be strong in SFY 18 with over 30 distinct entities collaborated with; and
- Appleseed staff continue to involve themselves in case consultation, utilize DVD's for discussion and feedback and utilize live supervision to be more effective in helping youth and families. Client, family and therapist outcomes show that the approach is consistently helpful in reunifying families and preventing out-of-county placements.

Program

Alcohol/Drug Residential/Detox/MAT Services

Persons receiving alcohol/drug addiction treatment may sometimes require a more intensive level of care than outpatient services. The Ashland County Council on Alcoholism & Drug Abuse (ACCADA) acts as the “gatekeeper” for Ashland County residents requiring either detoxification services from drugs/alcohol and/or residential treatment services. Residential and Detox services can be a vital and necessary step in the recovery process from drugs/alcohol.

Transitional Aged Youth Program and Wellness Coordinator

Youth/young adults between the ages of 16-25 with behavioral and/or emotional challenges are at high risk for unemployment, homelessness, and involvement with the criminal justice system. The Transitional Aged Youth (TAY) program works with these youth to assist them in making a successful transition to adulthood. Referrals come from the School-Community Liaisons, the County’s Community School (ACCA), Children’s Services, the Adult Education Program (ABLE) at the Career Center and the Department of Youth Services (DYS).

The Wellness Coordinator works with at-risk Ashland adults involved with multiple community systems who present with complex primary & behavioral health needs. The Wellness Coordinator has continued to receive referrals from the Ashland Christian Health Center in SFY 18 and has regular time there to see persons in need of help. SFY 18 was the strongest year yet for this program.

Jail & Community Based Drug/Alcohol Services

When persons are incarcerated in the local jail, treatment for Alcohol and Other Drugs (AoD) is still available. Persons incarcerated are offered an array of AoD services with emphasis placed on continued treatment when the person returns to the community.

Board funding, along with a grant from OhioMHAS, allowed for continuation of the Jail-Community Linkage Program, thru ACCADA, to assist persons exiting the jail in need of mental health and/or drug/alcohol services as well as basic living assistance (Housing, employment, education, benefits, etc.). The primary goal of this program is to help increase the success of persons exiting the jail who are struggling with behavioral health issues. Funding for the Linkage program changed from a grant to an allocation in SFY 19 and moving forward providing increased stability & predictability.

Outcomes

- 70 individuals participated in ACCADA’s Medication Assisted Treatment (MAT) program in SFY 2018. Of those 53, 76% demonstrated at least some positive treatment outcomes;
 - 8 individuals benefited by Residential and/or Detox services in Fiscal Year 2018;
 - 113 days of Residential/Detox services were funded by the Board; and
 - 7 persons (5 adults & 2 children) participated in Recovery Housing
- 80 Youth/young adults were seen in the TAY program during SFY 2018 (Both CCS & Appleseed). Program focus areas included:
 - Assistance with Employment
 - Help with Education and Career (Career Fair, Job Corp, Job Board)
 - Skill building around Personal Effectiveness and Wellbeing (Support Group)
 - Assistance with Living Situation
 - Outcomes vary for those involved in the program, but all reported being helped by the program; and
 - 91 Adults were seen by the Wellness Coordinator in SFY 2018 with over 514 hours of direct face-to-face contact hours and support/administrative services provided. Focus of attention included:
 - Issues about Medication;
 - Facilitating Behavioral & Primary Health Communication and Continuity;
 - Facilitating access to Health Care coverage and managing bills for health care services;
 - Complex Primary Health Assistance;
 - Linking individuals to grief, dementia and oral health; and
 - Assisting with food, shelter and employment
- The ACCADA Jail Program has served approximately 323 inmates (unduplicated) with screening/education, individual counseling & case management and/or group education in SFY 2018;
 - A total of 1,478 hours of Alcohol/Drug services were provided at the Ashland County Jail in Fiscal Year 2018 including:
 - 489 Hours of Screening/Education
 - 200 Hours of Assessment
 - 380 Hours of Indiv. Counseling & Case Management
 - 413 Hours of Group Education
 - Jail-Community Linkage Data:
 - Over 490 Persons served
 - 67% or 328 had no new arrests
 - Over 18 persons trained in working with behavioral health issues within a jail setting
 - 94% of persons in the program had housing in place at the time of their release.

Program

Outcomes

Alternative Programming for “ADHD”

Since SFY 2012 the Board, in a partnership with Appleseed Community Mental Health Center, has established programming for youth diagnosed as Attention Deficit/Hyperactive that is not focused on the use of stimulant medications, but on empowering parents and youth thru skill building, communication and strengths-based problem solving. This program continues to grow and develop and will continue in SFY 2018.

- 22 youth and 28 parents benefited from two, 6-week long groups in SFY 2018; an additional 46 youth benefitted from a series of structured groups through Rising Star Martial Arts;
- In addition to parents and youth, teachers from different districts and grade levels, have been included in the program as well as other professional staff from Appleseed;
- Booster/activity groups were held throughout the year to assist in making parenting/behavioral learnings permanent; and
- This program enters its seventh year in SFY 18

Equine Therapy

For the last 3 years the MHRB has funded a Trauma Focused Equine Assisted program through Appleseed Community Mental Health Center. The program has shown successes in working with youth/adults with significant histories of trauma (abuse/neglect primarily).

- 7 youth and 6 adults participated in the program during SFY 18;
- 64 individual and family sessions were provided with participants reporting significant reductions in anxiety and much improved verbal and nonverbal communication skills; and
- 6 of the 13 participants (46%) successfully completed the program during the year

Summary of Continuum of Care Services

Recent changes in Ohio Law require Boards to provide a “full continuum of behavioral health services” to residents in their Board area. Regardless of funding source, Boards are required to ensure that residents have access to a wide range of mental health and addiction services. Some services must be provided within the county while others can be provided in neighboring counties. The data presented represent continuum of care service investments supported through Medicaid and Non-Medicaid funding.

Services not on the “continuum” like levy funded programs (School-Community Liaison Program, Prevention Services and Jail-Based Services, etc.) are not reflected in these numbers.

- Total Medicaid Investment in Mental Health Continuum of Care Services in SFY 18: \$3,024,171 (71% of Total Investment);
- Total Non-Medicaid Investment in Mental Health Continuum of Care Services in SFY 18: \$456,785 (11% of Total Investment);
- Total Medicaid Investment in Drug/Alcohol Continuum of Care Services in SFY 18: \$694,969 (16% of Total Investment);
- Total Non-Medicaid Investment in Drug/Alcohol Continuum of Care Services in SFY 18: \$78,014 (2% of Total Investment); and
- Total Medicaid & Non-Medicaid Investment in both Mental Health and Drug/Alcohol Services in SFY 18: \$4,253,939

Number of People who Received Medicaid & Non-Medicaid Continuum of Care Services in Fiscal Year 2018*

Total = 2,769

Female = 1,369 (49%)

Male = 1,400 (51%)

Mental Health Treatment = 2,428 (88%)

Alcohol or Other Drug Treatment = 477 (17%)

Both = 133 (5%)

Continuum of Care Services By Age Group*

- Between 0-12 years (17%) +1%
- Between 13-17 years (17%) No Change
- Between 18-35 years (31%) -1%
- Between 36-64 years (32%) No Change
- Greater than 64 years (3%) No Change

*Doesn't include persons involved with the School-Community Liaison Program, Jail- Based Services or Prevention services. Comparison year: Fiscal Year 2017.

Mental Health & Recovery Board of Ashland County FY2018 Annual Report

FY2018 Receipts

Ohio Department of Mental Health & Addiction Services (ODMHAS)

State Mental Health Funds	\$1,378,086	
State Title XX	\$27,406	
State Hospital Inpatient Dollars	\$214,144	
Federal Mental Health Funds	\$32,973	
Mental Health Sub Total		\$1,652,609

State Alcohol and Drug Funds	\$130,817	
State Gambling Treatment and Prevention	\$17,382	
State Recovery Housing	\$48,000	
Federal Alcohol and Drug Funds	\$218,240	
Drug/Alcohol Sub Total		\$414,439

Ashland County

Levy	\$1,023,630	
Levy Carryover	\$860,616	
Ashland County Sub Total		\$1,884,246

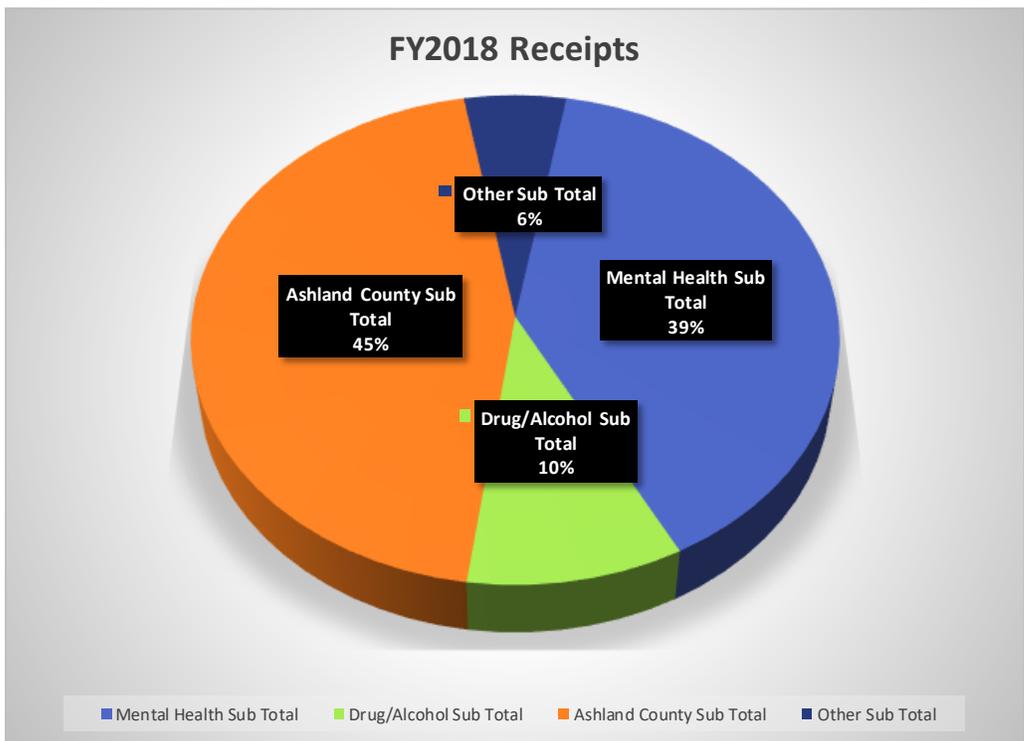
Other

Municipal Court(For Alcohol and Drug Jail Services)	\$15,000	
Local School Liaisons	\$54,077	
Misc Receipts	\$5,807	
CoC HUD Grant	\$61,516	
Rent	\$96,620	
Other Sub Total		\$233,019

FY17 Carryover into FY18

SAPT Carryover	\$16,880	
Central Pharmacy Carryover	\$13,769	
Other Carryover	\$21,883	
Total FY17 Carryover		\$52,532

Total Receipts **\$4,236,845**



Mental Health & Recovery Board of Ashland County FY2018 Annual Report

FY18 Expenditures

Mental Health Expenditures

Mental Health Direct Treatment Services (Non-Medicaid)	422,785	
School Liaison Services	473,068	
Crisis Hotline	153,450	
Pharmaceutical Assistance	1,591	
Crisis/Diversion Beds	50,299	
Consumer Operated Services	81,531	
Hospital Bed Days	214,144	
HUD Housing Grant	61,516	
State Hospital Transportation	800	
Other Services	452,181	
Total Mental Health Expenditures		\$1,911,366

Alcohol and Drug Expenditures

Alcohol/Drug Direct Treatment Services (Non-Medicaid)	69,595	
Alcohol/Drug Detox/Residential Services	33,286	
Alcohol/Drug Prevention Services	120,697	
Alcohol/Drug Jail Treatment and Prevention Services	241,888	
Recovery Housing	31,462	
Total Alcohol and Drug Expenditures		\$496,928

Other Expenditures

Levy Administration Fees	20,722	
Family & Children First Council	6,160	
Community Education/Training	82,612	
Information Services Network Svc	69,132	
Total Other		\$178,625

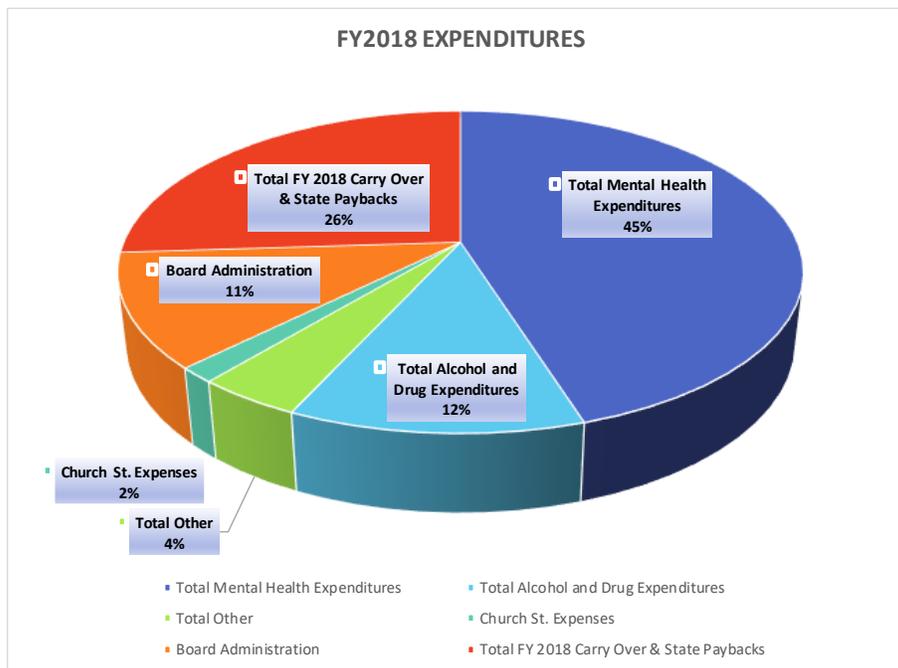
Church St. Expenses **\$64,061**

Board Administration **\$483,449**

FY 2018 Carry Over & State Paybacks

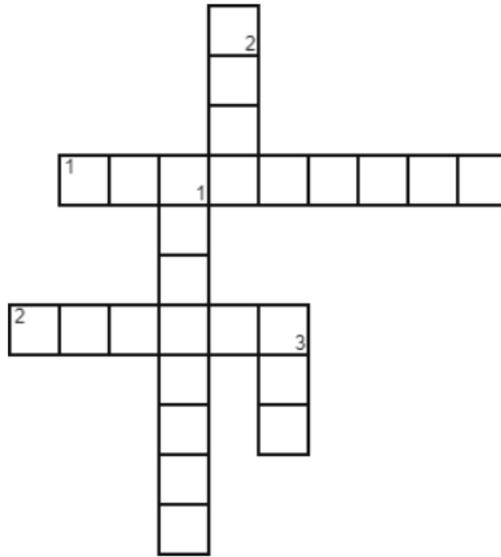
FY2018 Recovery Housing Carryover	\$29,168	
FY2018 Central Pharmacy Carryover	\$12,177	
FY2018 Pending Claims	\$50,000	
FY 2018 Carry Over	1,011,072	
Total FY 2018 Carry Over & State Paybacks		\$1,102,417

TOTAL EXPENDITURES **\$4,236,845**



NOTES

MHRB Annual Dinner - October 2018



Across

1. An overarching framework adopted by the MHRB of Ashland
2. A principle emphasizing a more cautious use of medications

Down

1. Something possible for everyone receiving services
2. A critical ingredient in Recovery
3. An abbreviation for Trauma-Informed Care