

Annual Service Summary – Fiscal Year 2019

**Program**

**Outcomes**

**School-Community Liaison Program**

Liaisons continue their important work by strengthening the capacity of families to support children’s learning by forging strong home, school and community partnerships. In Fiscal Year 2019 (FY 2019), the School-Community Liaison Program served 2,067 unduplicated students.

- 2,067 Students were served by the liaisons;
- 1,936 referrals were made to community agencies;
- 95% of the time those referrals were followed through with;
- 81% of students served showed academic improvement;
- 80% of students served showed improved attendance; and
- 83% of students served showed improved behaviors

**24/7 Crisis Hotline Services (419.289.6111)**

A crisis can happen at any time. With this in mind, the Crisis Hotline is staffed 24/7 to assist members of the community who may be experiencing acute and severe emotional distress. Crisis Hotline workers provide education, de-escalation, consultation and referral services to callers in a timely manner.

- 2,956 persons made 4,494 calls to the Hotline in Fiscal Year 2019;
- Of the 4,494 calls made to the Crisis Hotline:
  - 1,835 calls (41%) were devoted to Emergent/Crisis-De-escalation needs; and
  - 2,659 calls (59%) were devoted to Education, Consultation & Referral

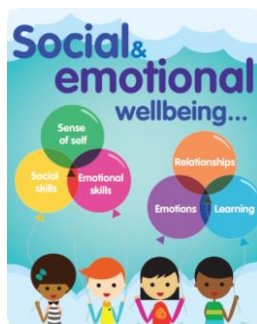
**Supported Employment (SE)/Individual Placement & Support (IPS)**

Supported Employment SE/IPS is an evidence-based practice that helps people with severe symptoms of mental & emotional distress identify, acquire, and maintain competitive employment in their communities. SE/ISP is assertive about helping people find employment *that they want* as soon as they express a desire to work.

- 60 people struggling with mental health and/or addictions participated in the supported employment program during FY 2019;
- On average, **55%** of those participating in the program were employed at some point during the year! This continues to be an excellent rate;
- Additional program funding through a partnership with The Bureau of Vocational Rehabilitation continues. \$15,870 was generated through this partnership to sustain and grow the program; and
- New local employers continue to be engaged and developed by the SE Coordinator to give persons involved with the program more employment options. In FY 2019 there were over 40 different employers involved with the SE Program!

**Early Childhood Mental Health (ECMH)**

Services promoting healthy social and emotional development and school readiness among children age six and younger are vital.



The Board funds several ECMH services including Early Childhood Mental Health Consultation, Home-Based Education and Skills Building for youth and parents as well as ongoing professional development for those providing ECMH services.

- As part of the “*Whole Child Matters*” Regional ECMH Initiative at Catholic Charities – 12 classrooms in 4 early learning centers received ECMH consultation with lead teachers completing pre/post Devereux Early Childhood Assessments;
- Catholic Charities’ *Healthy Kids Strong Families* served 25 families in SFY 19, including 34 adults and 67 children;
- 70% of the adults served in the *Health Kids Strong Families* program reported a significant trauma history with Adverse Childhood Experiences scores of 5 or greater;
- Triple P parenting continues to be offered through both programs;
- Ashland County Parents/Grand Parents benefited from the *Resilient Family Project* in SFY 19. Administered by Catholic Charities and funded through the Ohio Children’s Trust Fund, Triple P Parenting and Parent Café’s provided valuable support and skills to Parents/Grand Parents in the county.

## Program

### Alcohol, Tobacco & Other Drug Prevention

The Ashland County Council on Alcoholism & Drug Abuse (ACCADA) facilitates several evidence-based prevention programs in the schools which include:

**Too Good for Drugs**—Too Good for Drugs is an evidence-based prevention curriculum and has become our main program. It has been very well received and been a useful tool in adding new schools/classes that we have not visited for a while. There are 10 lessons per grade level; we currently offer K-8<sup>th</sup> grades.

**Start Talking** – Targets parents, guardians, educators and community leaders with tools to start the conversation with Ashland youth about the importance of living healthy, drug-free lives.

**Focus on Vaping** – ACCADA Prevention Specialists have seen a dramatic increase in vaping (inhaling of a vapor created by an electronic cigarette) in the schools. They are gathering accurate information about the dangers/risks and will incorporate this new medium into existing curricula.

**A.C.T.** – (Ashland Connects to Teens) Catholic Charities Community Services (CCCS) provides a peer mentoring program emphasizing healthy youth development for middle school aged youth to reduce alcohol, tobacco or other drug use.

### Multi-Generational Mentoring (MGM) Program & Golden Center

With three sites now (Loudonville Library, Good Shepherd Villa & Millrun Place) Seniors who may lack opportunities to be involved in the community can partner with at-risk elementary school youth needing help with their education (homework). This after-school mentoring program helps both the youth and seniors involved. McMullen and Budd schools participate in the Loudonville program while Reagan Elementary is the primary school for the Ashland program. The Golden Center continues to provide a place for seniors that promotes socialization and decreases isolation.

### Suicide Prevention & Awareness

The issue of Suicide Prevention and Awareness continues to be a high priority for the Board. Working through the Ashland County Suicide Prevention Coalition, several initiatives with the aim of reducing and preventing suicides. The Question. Persuade. Refer. or QPR approach to training “suicide prevention gatekeepers” has continued to expand in SFY 19. QPR Trainings were provided to Ashland University, Law Enforcement, Community Members, Businesses and several School Districts this year. Crisis Text Line is a newer resource that has been added to QPR trainings and is being utilized at increasing rates.

## Outcomes

- In FY 2019, ACCADA produced 1,183 hours of prevention services (a new high!) impacting thousands of county residents;
- For FY 2019, prevention programming impacted over 4,000 youth in multiple classrooms (Primary & Middle Schools) throughout the county;
- Pre/Post Test Outcomes continue to show improvements, meaning, youth participating in prevention activities are reporting an increased awareness & understanding of the harmful effects of Alcohol, Tobacco and Other Drugs;
- ACCADA continues to make available a gambling prevention component in the schools; and
- 12 School-Based Education and Community-Based Process Presentations were provided benefitting 195 people.



- 16 youth participated in the MGM programs in both Loudonville and Ashland working with 10 older adult and 1 youth mentors;
  - Over 228 hours of after-school educational and mentoring support to the youth was provided by the older adult mentors;
  - 133 seniors were involved with Golden Center activities (socialization and education) totaling 256 hours; and
  - A variety of topics of interest to the seniors were offered to Golden Center participants including: Health & Wellness, Safety, Fraud/exploitation information, Music Therapy, Fall Prevention and the importance of Nutrition.
- The Grievors of Suicide Support group added 9 new members in SFY 19, with an average group attendance of 4 persons;
  - The County Commissioners passed a resolution that designated September as “Suicide Prevention Awareness Month” in the county;
  - Over 300 persons attended the Suicide Prevention & Awareness Walk on September 30, 2018;
  - Approximately **978** persons were trained as QPR Gatekeepers in SFY 2019; and
  - The resource, “[Saving Lives: A Suicide Prevention Toolkit](#)” was created in collaboration with the Ashland-Times Gazette and Wayne-Holmes Mental Health & Recovery Board. This resource continues to be available on the Board’s website.

Program

Outcomes

**Alcohol/Drug Residential/Detox/MAT Services**

Persons receiving alcohol/drug addiction treatment may sometimes require a more intensive level of care than outpatient services. The Ashland County Council on Alcoholism & Drug Abuse (ACCADA) acts as the “gatekeeper” for Ashland County residents requiring either detoxification services from drugs/alcohol and/or residential treatment services. Residential and Detox services can be a vital and necessary step in the recovery process from drugs/alcohol.

- 85 individuals participated in ACCADA’s Medication Assisted Treatment (MAT) program in SFY 2019. 86% of those with collected outcomes (67) demonstrated at least some positive treatment outcomes;
- 4 individuals benefited by Residential and/or Detox services in Fiscal Year 2019;
- 137 days of Residential/Detox services were funded by the Board; and
- 7 persons (5 adults & 2 children) participated in Recovery Housing.

**Transitional Aged Youth and Integrated Healthcare Coordinator**

Youth/young adults between the ages of 14-25 with behavioral and/or emotional challenges are at high risk for unemployment, homelessness, and involvement with the criminal justice system. The Transitional Aged Youth (TAY) program works with these youth to assist them in making a successful transition to adulthood. Referrals come from the School-Community Liaisons, the County’s Community School (ACCA), Children’s Services, and the Adult Education Program (ABLE) and other programs at the Career Center.

The Integrated Health Care Coordinator works with at-risk Ashland adults involved with multiple community systems who present with complex primary & behavioral health needs. The Integrated Health Care Coordinator saw a staffing change in SFY 19 but has continued to receive referrals from the community and social service agencies as well as the Ashland Christian Health Center.

- Over 150 Youth/young adults were seen in the TAY program during SFY 2019 (Both CCS & Appleseed). Program focus areas included:
  - Assistance with Employment
  - Help with Education and Career (Career Fair, Job Corp, Job Board)
  - Skill building around Personal Effectiveness and Wellbeing (Support Group)
  - Assistance with Living Situation/Independent Living
- Outcomes vary for those involved in the program, but all reported being helped by the program; and
- 78 Adults were seen by the Integrated Health Care Coordinator in SFY 2019 with over 226 hours of direct face-to-face contact hours and support/administrative services provided. Focus of attention included:
  - Issues about Medication;
  - Facilitating Behavioral & Primary Health Communication and Continuity;
  - Facilitating access to Health Care coverage and managing bills for health care services;
  - Complex Primary Health Assistance;
  - Linking individuals to grief, dementia and oral health; and
  - Assisting with food, shelter and employment

**Jail & Community Based Drug/Alcohol Services**

When persons are incarcerated in the local jail, treatment for Alcohol and Other Drugs (AoD) is still available. Persons incarcerated are offered an array of AoD services with emphasis placed on continued treatment when the person returns to the community.

Board funding, along with a grant from OhioMHAS, allowed for continuation of the Jail-Community Linkage Program, thru ACCADA, to assist persons exiting the jail in need of mental health and/or drug/alcohol services as well as basic living assistance (Housing, employment, education, benefits, etc.). The primary goal of this program is to help increase the success of persons exiting the jail who are struggling with behavioral health issues. Funding for the Linkage program changed from a grant to an allocation in SFY 19 and moving forward providing increased stability & predictability.

- The ACCADA Jail Program has served approximately 183 inmates (unduplicated) with screening/education, individual counseling & case management and/or group education in SFY 2019;
- A total of 1,406 hours of Alcohol/Drug services were provided at the Ashland County Jail in Fiscal Year 2019 including:
  - 508 Hours of Screening/Education
  - 231 Hours of Assessment
  - 411 Hours of Indiv. Counseling & Case Management
  - 257 Hours of Group Counseling
- Jail-Community Linkage Data:
  - Over 630 Persons served
  - 56% or 353 had no new arrests
  - Over 45 persons trained in working with behavioral health issues within a jail setting
  - 95% of persons in the program had housing in place at the time of their release.

Program

Outcomes

**Alternative Programming for “ADHD”**

Since SFY 2012 the Board, in a partnership with Appleseed Community Mental Health Center, has established programming for youth diagnosed as Attention Deficit/Hyperactive that is not focused on the use of stimulant medications, but on empowering parents and youth thru skill building, communication and strengths-based problem solving. This program continues to grow and develop and will continue in SFY 2020.

- 15 youth and 10 parents benefited from two, 6-week long groups in SFY 2019; staffing challenges impacted this year’s totals;
- In addition to parents and youth, teachers from different districts and grade levels, have been included in the program as well as other professional staff from Appleseed;
- Booster/activity groups were held throughout the year to assist in making parenting/behavioral learnings permanent; and
- This program enters its ninth year in SFY 20.

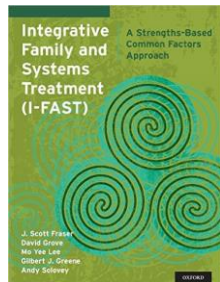
**Equine Therapy**

For several years the MHRB has funded a Trauma Focused Equine Assisted program through Appleseed Community Mental Health Center. The program has shown successes in working with youth/adults with significant histories of trauma (abuse/neglect primarily).

- 11 youth and 2 adults participated in the program during SFY 19;
- 104 individual and family sessions were provided with participants reporting significant reductions in anxiety and much improved verbal and nonverbal communication skills; and
- 4 of the 13 participants (31%) successfully completed the program during the year - while the others continue in services.

**Intensive Home-Based Treatment**

Intensive Home-Based (IHBT) is an evidence-informed service for children/youth and their families to live and function successfully in their home, school, and community. It is intended to prevent out-of-home placements, when possible, and increase the success of children/youth reunifying with their families. Integrative Families and Systems Treatment or I-FAST is the specific model/approach used by Appleseed staff to deliver this service. David Grove, LISW, one of the developers of I-FAST, continues to consult with staff to ensure program model fidelity.



- Appleseed’s intensive service program worked with over 40 youth and/or families that were very high risk or had JFS involvement’
- The Appleseed team collaborated with all of the local schools, local government, court systems, law enforcement, and social services agencies in Ashland County;
- Appleseed staff were and continue to be intensively trained on a family systems model of care that focuses on strengthening the naturally occurring supports in the lives of students and parents to reduce risks and the strengthen adaptive family relationships; and
- In collaboration with the MHRB and JFS the intensive program at Appleseed is developing a more collaborative and strategic partnership with JFS in order to offer an effective solution to the record number of children being removed from their parents and placed in kinship care, foster homes, or residential placements.

**Juvenile Court Liaison Program**

Given the increasing number of young persons involved in the Juvenile Court and Children Services, the Board has funded a position through Appleseed Community Mental Health Center to work directly with the Court, Juvenile Probation, the Schools, Detention, and Community Mental Health, Addictions and Other HealthCare Providers. The Liaison is just as active with the parents as the youth, providing information, assistance and support. The Liaisons helps youth exit probation successfully, connects them and the families with ongoing supports/resources and is a key member of clinical team meetings where custody and reunification strategies are developed.

- 62 youth were seen by the Juvenile Court Liaison in SFY 19;
- 28 of the youth were active with probation;
- 11 of the youth were successfully terminated from probation and continue to be involved with services; and
- The Liaison collaborates regularly with all area school district personnel and social service agencies





**Summary of Continuum of Care Services**

Recent changes in Ohio Law require Boards to provide a “full continuum of behavioral health services” to residents in their Board area. Regardless of funding source, Boards are required to ensure that residents have access to a wide range of mental health and addiction services. Some services must be provided within the county while others can be provided in neighboring counties. The data presented represent continuum of care service investments supported through Medicaid and Non-Medicaid funding.

Services not on the “continuum” like levy funded programs (School-Community Liaison Program, Prevention Services and Jail-Based Services, etc.) are not reflected in these numbers.

- Total Medicaid Investment in Mental Health Continuum of Care Services in SFY 19: \$2,595,142 (72% of Total Investment);
- Total Non-Medicaid Investment in Mental Health Continuum of Care Services in SFY 19: \$657,828 (18% of Total Investment);
- Total Medicaid Investment in Drug/Alcohol Continuum of Care Services in SFY 19: \$269,339 (7% of Total Investment);
- Total Non-Medicaid Investment in Drug/Alcohol Continuum of Care Services in SFY 19: \$95,712 (3% of Total Investment); and
- Total Medicaid & Non-Medicaid Investment in both Mental Health and Drug/Alcohol Services in SFY 19: **\$3,618,021**

Number of People who Received Medicaid & Non-Medicaid Continuum of Care Services in Fiscal Year 2019\*

**Total = 2,644**

Female = 1,392 (53%)

Male = 1,245 (47%)

Mental Health Treatment = 2,439 (92%)

Substance Use Disorder Treatment = 293 (11%)

Both = 88 (3%)

**Continuum of Care Services By Age Group\***

- |                              |           |
|------------------------------|-----------|
| • Between 0-12 years (17%)   | No Change |
| • Between 13-17 years (15%)  | -2%       |
| • Between 18-35 years (30%)  | -1%       |
| • Between 36-64 years (35%)  | +3%       |
| • Greater than 64 years (4%) | +1%       |

\*Doesn't include persons involved with the School-Community Liaison Program, Jail- Based Services or Prevention services. Comparison year: Fiscal Year 2018.

**NOTES**

## Mental Health & Recovery Board of Ashland County FY2019 Annual Report

### State Fiscal Year 2019 Receipts

#### Ohio Department of Mental Health & Addiction Services (ODMHAS)

State Mental Health Funds	\$1,362,009
State Title XX	\$27,339
State Hospital Inpatient Dollars	\$307,832
Federal Mental Health Funds	\$59,131
<b>Mental Health Sub Total</b>	<b>\$1,756,311</b>

State Alcohol and Drug Funds	\$140,279
State Gambling Treatment and Prevention	\$17,382
State Recovery Housing	\$77,168
Federal Alcohol and Drug Funds	\$297,880
<b>Drug/Alcohol Sub Total</b>	<b>\$532,709</b>

#### Ashland County

Levy	\$1,074,140
Levy Carryover	\$695,181
<b>Ashland County Sub Total</b>	<b>\$1,769,321</b>

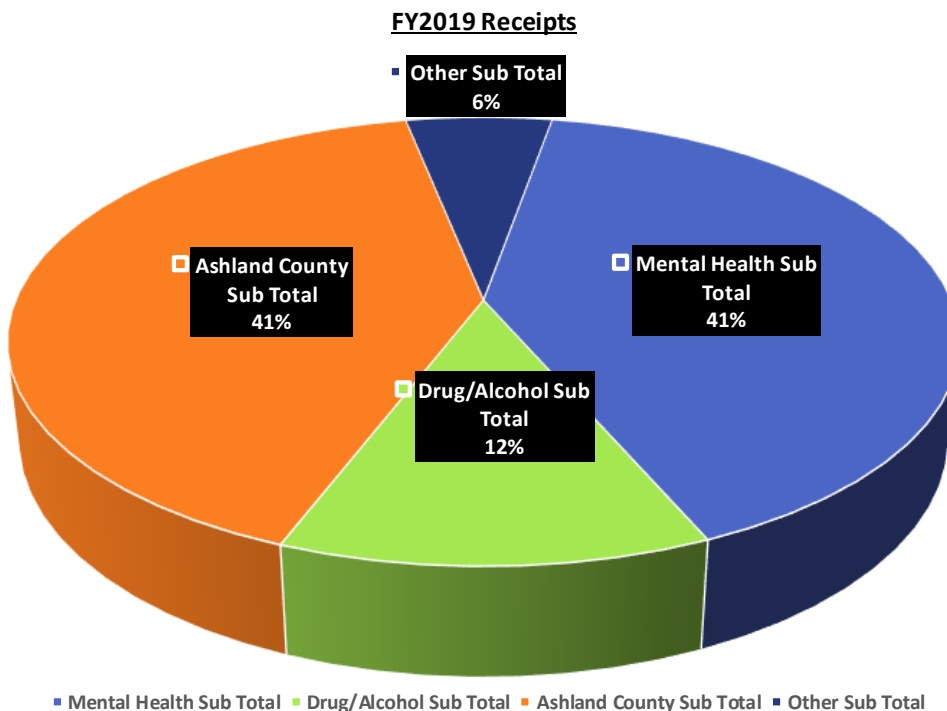
#### Other

Municipal Court(For Alcohol and Drug Jail Services)	\$15,000
Local School Liaisons	\$90,915
Misc Receipts	\$12,349
CoC HUD Grant	\$41,616
Rent	\$95,745
<b>Other Sub Total</b>	<b>\$255,625</b>

#### FY18 Carryover into FY19

Central Pharmacy Carryover	\$12,177
<b>Total FY18 Carryover</b>	<b>\$12,177</b>

**Total Receipts** **\$4,326,143**



## Mental Health & Recovery Board of Ashland County FY2019 Annual Report

### State Fiscal Year 2019 Expenditures

#### Mental Health Expenditures

Mental Health Direct Treatment Services (Non-Medicaid)	597,252	
School Liaison Services	517,213	
Crisis Hotline	153,450	
Pharmaceutical Assistance	13,659	
Crisis/Diversion Beds	53,981	
Consumer Operated Services	105,321	
Hospital Bed Days	307,832	
HUD Housing Grant	41,616	
State Hospital Transportation	950	
Other Services	446,914	
<b>Total Mental Health Expenditures</b>		<b>\$2,238,189</b>

#### Alcohol and Drug Expenditures

Alcohol/Drug Direct Treatment Services (Non-Medicaid)	73,445	
Alcohol/Drug Detox/Residential Services	44,592	
Alcohol/Drug Prevention Services	160,140	
Alcohol/Drug Jail Treatment and Prevention Services	242,802	
Recovery Housing	59,620	
<b>Total Alcohol and Drug Expenditures</b>		<b>\$580,599</b>

#### Other Expenditures

Levy Administration Fees	22,252	
Family & Children First Council	2,500	
Community Education/Training	47,354	
Information Services/Network Svc	63,674	
<b>Total Other</b>		<b>\$135,780</b>

#### Church St. Expenses

**\$59,978**

#### Board Administration

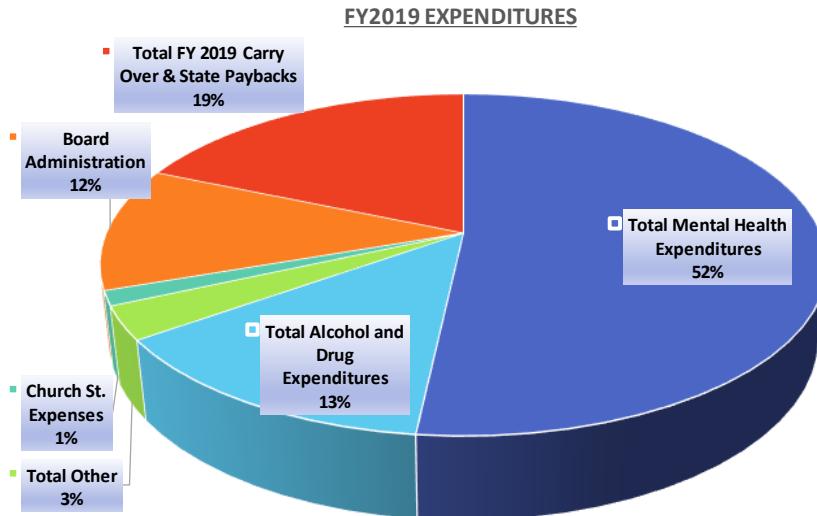
**\$506,952**

#### FY 2019 Carry Over & State Paybacks

FY2019 Central Pharmacy Carryover	\$8,980	
FY 2019 Carry Over	795,666	
<b>Total FY 2019 Carry Over &amp; State Paybacks</b>		<b>\$804,646</b>

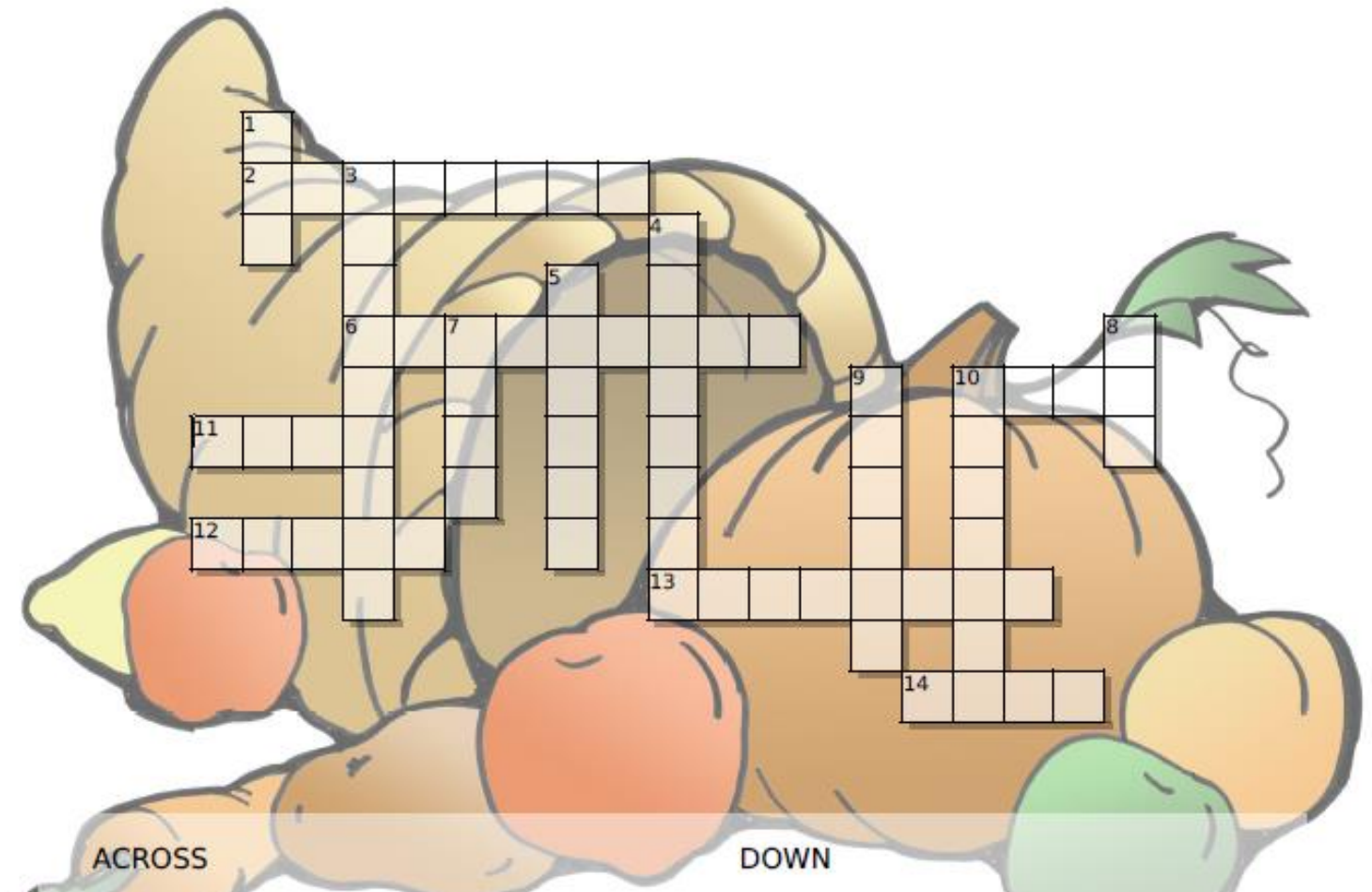
#### TOTAL EXPENDITURES

**\$4,326,143**



- Total Mental Health Expenditures
- Total Alcohol and Drug Expenditures
- Total Other
- Church St. Expenses
- Board Administration
- Total FY 2019 Carry Over & State Paybacks

# MHRB Annual Dinner - October 2019



## ACROSS

- 2 The Best Board Committee
- 6 Current Director of OhioMHAS
- 10 Another Name for Family and Children First Council
- 11 Closely Associated with Dr Vincent Felitti
- 12 The Number of Contract Agencies the Board Has
- 13 The Type of Law Board Meetings Are Subject To
- 14 Important Event for the Board Every Five Years

## DOWN

- 1 Suicide Prevention Program in Ashland
- 3 The County's Largest Mental Health Agency
- 4 The Board's Primary State Partner
- 5 The County's Primary Prevention & Addictions Agency
- 7 Name of Board's Recovery Conference
- 8 The Place to Call to Get Early Childhood or Kinship Support
- 9 Trade Organization for Ohio's Boards
- 10 The Second Best Board Committee