

## To Report

**Suspected Elder Abuse, Call  
ADULT PROTECTIVE SERVICES:**

**419-282-5001**



**Help is available for caregivers who may  
feel overwhelmed with caregiving  
stressors. Please Call....**

**Ashland County Council on Aging  
419-281-1477**

**Area Agency on Aging, District Five  
1-800-860-5799**

**Crisis Line 419-289-6111  
Toll-Free 1-888-400-8500**

**Mental Health & Recovery Board of  
Ashland County 419-281-3139**



**The Ashland County Older Adult  
Behavioral Health Coalition (OABHC)  
is a partnership between many local  
community organizations and agencies.**

**The primary objective of the coalition  
is to develop collaborative relationships  
that provide education and support in  
efforts to work with the elderly and  
caregivers in all areas of physical,  
behavioral, and mental health care.**

**Involvement and inclusion of elderly  
consumers are promoted. All members  
advocate for quality of care, quality of  
life, and well being of seniors in Ashland  
County.**

- ◆ **Appleseed Community Mental Health Center**
- ◆ **Area Agency on Aging (Ohio), District Five**
- ◆ **Ashland County Council on Aging**
- ◆ **Ashland County Job & Family Services**
- ◆ **Brethren Care Village**
- ◆ **Catholic Charities**
- ◆ **Hospice of North Central Ohio**
- ◆ **University Hospital Samaritan Medical Center**
- ◆ **SALT Council**
- ◆ **Visiting Nurses Association**
- ◆ **Mental Health & Recovery Board of Ashland County**

## **PROJECT RESOURCE Raising Awareness & Preventing Elder Abuse**



**Elder Abuse and Caregiver  
Support Resource Initiative**

**R= Resiliency**

**E= Empowerment**

**S= Support**

**O= Organization**

**U= Understanding**

**R= Respect**

**C= Coping**

**E= Education**

**Ashland County Older Adult Behavioral  
Health Coalition (OABHC)**



# Elder Abuse And Caregiver Support Resource Initiative



\* Resources purchased and donated with funding from the Margaret Clark Morgan Foundation (MCMF)

Topic Areas	Select Titles	Resource Locations
<p><b>Caregiving-General</b> -Caregiver Support, Coping with Stress, Organization of Tasks and Responsibilities, Resiliency</p>	<p><b>The caregiver’s toolbox: Checklists, forms, resources, mobile apps, and straight talk to help you provide compassionate care</b> (APL, LPL, COA, SA)</p> <p><b>The caregiver’s companion: Caring for your loved one while caring for yourself</b> (APL, LPL, COA, SA)</p> <p><b>The eldercare consultant: Your guide to making the best choices possible</b> (APL, LPL, COA, SA)</p>	<p><b>Ashland Public Library (APL)</b> 224 Claremont Ave Ashland, OH 419-289-8188 <a href="http://www.ashland.lib.oh.us">www.ashland.lib.oh.us</a></p>
<p><b>Caregiving-Dementia and/or Mental Illness (see Caregiving-General)</b>- Focusing on Caring for Elders with Mental Health Issues, Coping with Unique Stressful Caregiving Challenges</p>	<p><b>Loving someone who has dementia: How to find hope while coping with stress and grief</b> (APL, LPL, COA, SA)</p> <p><b>When caring takes courage: A compassionate, interactive guide for Alzheimer’s and dementia caregivers</b> (APL, LPL, COA, SA)</p>	<p><b>Loudonville Public Library (LPL)</b> 122 E Main St. Loudonville, OH 419-994-5531 <a href="http://www.loudonvillelibrary.org">www.loudonvillelibrary.org</a></p>
<p><b>Elder Abuse</b>- Types, Risk Factors, Assessment, Intervention, Prevention</p>	<p><b>Elder justice: A roadmap for preventing elder abuse</b> (AU)</p> <p><b>Scammed: 3 steps to help your elder parent and yourself</b> (APL, LPL, COA, SA)</p>	<p><b>Council on Aging (COA)</b> 240 E 3rd St. Ashland, OH 419-281-1477</p>
<p><b>Family Dynamics</b>- Family Conflicts, Mediation, Sibling Rivalries</p>	<p><b>AARP The other talk: A guide to talking with your adult children about the rest of your life</b> (APL, LPL, COA, SA)</p> <p><b>Mom always liked you best: A guide for resolving family feuds, inheritance &amp; eldercare crises</b> (APL, LPL)</p>	<p><b>Mental Health and Recovery Board (MHRB)</b> 1605 County Rd 1095 Ashland, OH 419-281-3139</p> <p>Visit <a href="http://www.ashlandmhrb.org">www.ashlandmhrb.org</a> for annotated bibliography of books, links to websites, information about elder abuse, caregiver resilience, and more.</p>
<p><b>Legal Considerations</b>- Legal Documents, Ensuring Elders’ Wishes Are Followed, Preventing Exploitation</p>	<p><b>Advance directives, durable powers of attorney, wills, and other legal considerations</b> (APL, LPL, COA, SA)</p> <p><b>Frolik and Kaplan’s elder law in a nutshell, 6<sup>th</sup> edition</b> (APL, COA)</p>	<p><b>Salvation Army – Kroc (SA)</b> 527 E Liberty St. Ashland, OH 419-281-8001</p>
<p><b>Mental Health and Aging</b>- Mental Disorders (e.g., Depression), Assessment, Intervention</p>	<p><b>Caregiving in Alzheimer’s and other dementias</b> (APL, LPL, COA, SA)</p> <p><b>Depression and anxiety in later life: What everyone needs to know</b> (APL, LPL, COA, SA)</p>	<p><b>Ashland University Library (AU)</b> College Ave. Ashland, OH 419-289-5400 <a href="https://library.ashland.edu/">https://library.ashland.edu/</a></p>
<p><b>Resiliency</b>- Adapting Well to Life Challenges, Trauma and Stressful Events (including Caregiving Transitions)</p>	<p><b>How to be a resilient caregiver: Ideas, information and resources for healthy caregivers</b> (MHRB website: <a href="http://www.ashlandmhrb.org">www.ashlandmhrb.org</a>)</p>	