

June 2019...Elder Empowerment Month (EEM)

The Older Adult Behavioral Health Coalition of Ashland County Invites you to any of these free activities:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	May 31	01
					<u>COUNCIL ON AGING</u> EEM Kickoff Breakfast, Hosted by COA & Brethren Care 9am Speaker: Mary Schalmo Topic: Perceptions RSVP by May 24th	
02	03	04	05	06	07	08
			<u>COUNCIL ON AGING</u> Part I AAA Driving Class 10am-noon & 1-3pm Registration Required	<u>S.A.L.T. COUNCIL HOST</u> Speaker: The Attorney General's Office, Richard Stobbs, Sheriff's Annex 10:30am-noon	<u>COUNCIL ON AGING</u> Part II AAA Driving Class 10am-noon & 1-3pm Registration Required	
09	10	11	12	13	14	15
			<u>UH SAMARITAN</u> Stroke Screening Event & Rhythm and Movement for Wellness 4-6pm Samaritan on Main Speaker: Neurologist 6pm		<u>SAFE HAVEN HOST</u> World Elder Abuse Awareness Day-Resource & Prevention Fair. 11am-2pm Sheriff's Annex	<u>WORLD ELDER ABUSE AWARENESS DAY! WEAR PURPLE!</u>
16	17	18	19	20	21	22
			<u>LOUDONVILLE: GOLDEN CENTER</u> Walking into Well-Being 10am Hosting: CCS & Kingston <u>COUNCIL ON AGING 1pm</u> Speaker: State Highway Patrol Senior Tips, Questions & Answers			
23	24	25	26	27	28	29
	<u>MENTAL HEALTH BOARD</u> Leaving a Lasting Legacy Workshop 8am-3:30pm Hosting: Diana Spore & Kailey Bradley Thomas. Samaritan on Main RSVP by June 19.	<u>MILLRUN PLACE - ASHLAND</u> Walking into Well-Being 11am Hosting: CCS & Kingston RSVP by June 18.			<u>MORE DETAILS FOR ALL EVENTS ON BACK SIDE</u>	

The Older Adult Behavioral Health Coalition of Ashland County invites you to any of these free activities:

Friday, May 31 9AM

EEM KICKOFF BREAKFAST

PROVIDED BY: COA & Brethren Care

SPEAKER: Mary Schalmo

TOPIC: Perceptions

WHERE: Ashland County Council on Aging
240 E. Third St. Ashland, OH 44805

CONTACT: Council on Aging (419)-281-1477

RSVP by May 24 (Donations are accepted)

Wednesday, June 5 10am-noon & 1-3pm

PART I AAA DRIVING CLASS: Registration Required

WHERE: Ashland County Council on Aging
240 E. Third St. Ashland, OH 44805

CONTACT: Council on Aging (419)-281-1477

Thursday, June 6 10:30am-noon

**SALT COUNCIL: SPEAKER-ATTORNEY
GENERAL'S OFFICE, RICHARD STOBBS**

WHERE: Ashland County Sheriff's Annex
205 East Main St., Ashland OH 44805

CONTACT: Melissa McKenzie (419) 281-9595

*A light lunch will be provided

Friday, June 7th 10am-noon & 1-3pm

PART II AAA DRIVING CLASS: Registration Required

WHERE: Ashland County Council on Aging
240 E. Third St. Ashland, OH 44805

CONTACT: Council on Aging (419)-281-1477

Appleseed Community Mental Health Center
Ashland County Council on Aging
Ashland County DJFS
Brethren Care Village
Catholic Charities Community Services
Mental Health & Recovery Board of Ashland County

Wednesday, June 12 4-6pm

**STROKE SCREENING EVENT & RHYTHM AND
MOVEMENT FOR WELLNESS**

Free Screenings

Speaker: Neurologist 6PM

WHERE: UH Samaritan on Main
663 East Main St., Ashland, OH 44805

CONTACT: Screenings: Steve Baldrige
(419) 207-7856; Rhythm and Movement
Wellness: Angel Foss (419)289-0491 ext. 3038

Friday, June 14 11am-2pm

**WORLD ELDER ABUSE AWARENESS DAY –
RESOURCE AND PREVENTION FAIR**

HOSTING: Rape Crisis Domestic Violence Safe
Haven

WHERE: Ashland County Sheriff's Annex
205 East Main St., Ashland OH 44805

CONTACT: Katherine Scott (567) 215-0703

*A light lunch will be provided.

Wednesday, June 19 10am

LOUDONVILLE GOLDEN CENTER

TOPIC: WALKING INTO WELL-BEING

HOSTING: Catholic Charities & Kingston

WHERE: Loudonville Public Library
122 E. Main St., Loudonville, OH
44842

CONTACT: Celia Cureton (419) 289-1903



Ashland Public Library
Crystal Care
Good Shepherd
Safe Haven

Wednesday, June 19 1pm

COUNCIL ON AGING

SPEAKER: STATE HIGHWAY PATROL

**TOPIC: SENIOR TIPS, QUESTIONS &
ANSWERS**

WHERE: 240 E. Third St. Ashland, OH 44805

CONTACT: Council on Aging (419) 281-1477

Monday, June 24 8am-3:30pm

MENTAL HEALTH & RECOVERY BOARD

TOPIC: LEAVING A LASTING LEGACY

HOSTING: Diana Spore, MHRB & Kailey Bradley
Thomas, Hospice of NCO

WHERE: UH Samaritan on Main
663 East Main St., Ashland, OH 44805

CONTACT: Diane Switzer, MHRB (419) 281-3139

*A light lunch will be provided. RSVP by June 17

Tuesday, June 25 11am

ASHLAND MILL RUN PLACE

TOPIC: WALKING INTO WELL-BEING

HOSTING: Catholic Charities & Kingston

WHERE: 1715 Richard Dr, Ashland, OH 44805

CONTACT: Celia Cureton (419) 289-1903

RSVP by June 18, a light lunch will be provided.

**Thank you for our Supporters: The Older
Adult Behavioral Health Coalition of
Ashland County (complete list below)**



District 5 Area Agency on Aging
UH Samaritan Medical Center
S.A.L.T Council
Hospice of North Central Ohio
Kingston of Ashland