

Pathways Peer Support

Address: 34 West 2nd Street Ashland, OH 44805

Phone: 419-496-0140 Ext. 25

Hours: Mon, Tues, & Thurs 10:00AM-3:00PM

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Happy New Year! CLOSED	2	3 11:00 Check-In 12:00-1:00 Lunch Break 1:00 Meditation Group 2:00 Open Sewing/Art	4	5	6
7 11:00 Check-In 12:00-1:00 Lunch Break 1:00 WRAP Book Chapter 1 2:00 Open Sewing/Art	8 11:00 Check-In 12:00-1:00 Lunch Break 1:00 Emotional Blackmail 2:00 Planning Committee	9	10 10:00 Sewing Group 11:30 Check-In 12:00-1:00 Lunch Break 1:15-2:45 Writing for Recovery Group	11	12	13
14 10:30 Bible Study 11:30 Check-In 12:00-1:00 Lunch Break 1:00 Boundaries Group	15 11:00 Check-In 12:00-1:00 Lunch Break 1:00 Emotional Blackmail 2:00 Men's Group	16	17 11:00 Check-In 12:00-1:00 Lunch Break 1:00 Personal Budgeting 2:00 Open Sewing/Art	18	19	20
21 CLOSED Martin Luther King Jr. Day	22 11:00 Check-In 12:00-1:00 Lunch Break 1:00 Emotional Blackmail 2:00 Planning Committee	23	24 10:00 Sewing Group 11:30 Check-In 12:00-1:00 Lunch Break 1:15-2:45 Writing for Recovery Group	25	26	27
28 10:30 Bible Study 11:30 Check-In 12:00-1:00 Lunch Break 1:00 Boundaries Groups	29 10:30 Check-In 12:00 <u>*Lunch Provided by Pathways*</u> 1:00 Emotional Blackmail 2:00 WRAP Book Chapter 2 <u>January Birthday Celebration!</u>	30	31 11:00 Check-In 12:00-1:00 Lunch Break 1:00 Self-Esteem Group 2:00 Open Sewing/Art			

Note: If Ashland City Schools are cancelled due to inclement weather, Pathways is also closed.