

Small changes,  
big differences.



## Two hours is all you need for a Triple P Discussion Group

### Positive parenting help for “Dealing with Disobedience”

- One Virtual Session via Zoom
- Cost: FREE & gift card incentive to Ashland County custodial parents/kinship caregivers of children aged 0-12



**DATE:** Call to register for an individual or small group session on a date/time convenient for you!

**TIME:** Flexible scheduling—mornings, afternoons, or evenings available

**PRESENTER:** BARBARA KUDRAVI, MEd., RN  
The Resilient Family Project, Catholic Charities  
of Ashland and Wayne Counties

**BOOKINGS AND INFORMATION:** Barbara @ 419.512.9104

[www.triplep-parenting.net](http://www.triplep-parenting.net)