

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. These shapes are primarily located on the left and right sides of the frame, creating a modern, layered effect. The central area is white, providing a clean space for the text.

Family Treatment

For Substance Abuse

Philadelphia Child Guidance Clinic Project

- ▶ Chronic adult (18-33) heroin addicts (all males)
- ▶ Randomly assigned to:
 - ✓ Treatment as usual
 - ✓ 10 outpatient family therapy sessions
- Both groups followed post termination, every 6 months for two years
 - ✓ Treatment as usual: 80% relapsed to serious use within 6 months of termination
 - ✓ Family therapy group: 80% stayed totally sober for the full two years

What was done?

- ▶ Family/Parent empowerment model
- ▶ Family problems initially overlooked in the interest of engagement
- ▶ Addicts initially came in alone and claimed they had no family
- ▶ Addicts were actually much more connected to family than non-addicts of the same age
- ▶ Family was recruited
- ▶ Addict moved home and detoxed under family supervision
- ▶ Family organized to help client stay sober
- ▶ Family organized to help client construct a normal life

Treatment Steps

- ▶ Decide to seek treatment
 - ▶ Detox
 - ▶ Maintain sobriety
 - ▶ Organize normal life
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- ▶ How can family participate and help on each step?

Stories

▶ What triggers relapse

- ✓ Shane
- ✓ Single mom in Newark
- ✓ Grandmom will not return the kids (Hot mess in booty shorts)

▶ Start treatment: What triggers seeking sobriety?

- ✓ Court ordered
- ✓ Family ordered: Phone calls from family, Intervention with capital “I”
- ✓ Family inspired: Mike, Robert, Janet

✓ Detox

- ✓ Philadelphia Project

✓ Tina

✓ Stay sober and organize normal life:

✓ Kendrick

✓ Tina