

I control my feelings.

When my brother takes my stuff, I feel really _____.

I say to him: _____.

I control my feelings.

When someone says something mean to me, I feel _____.

I tell them _____.

I control my feelings.

When my mother tells me to clean up a mess, I feel _____.

I say: _____.

TAKE ANOTHER TURN.

I control my feelings.

When I can't get something to work right, I feel _____.

I say to myself: _____

TAKE ANOTHER TURN.

I see what I need to do.

If I find a pair of glasses in the middle of the store aisle, I will do this:

_____.

I see what I need to do.

If I see a student at school push another, I will:

_____.

I see what I need to do.

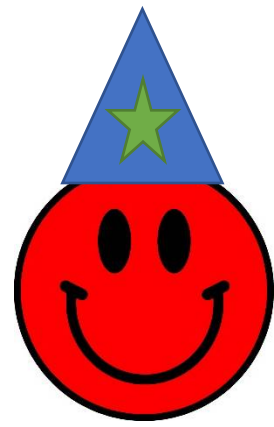
In a store, if I see an older lady drop a box of cereal, I will:

_____.

I see what I need to do.

On the playground, if I see a younger child fall down, I will: _____.

TAKE ANOTHER TURN.



I tell my feelings.

Tell another player how you feel when they help you with a house chore.

I make the right choice.

On a sunny Saturday, when my friend asks if I want to go outside to play ball or play digital (cell or video) games, I choose: _____.

I tell my feelings.

Tell your parent how you feel when they tell you something you did well.

I make the right choice.

When someone wants me to do something that may hurt another, I _____.

I see what I need to do.

When my little brother or sister can't tie their shoes, I will: _____.

I make the right choice.

When I see money on a table and no one is around, I _____.

I tell my feelings.

Tell another player something kind they did for you.

I tell my feelings.

Tell your parent how you feel when they tell you to do better in school.



People to People Connections

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I make the right choice.

When a friend asks me to tell someone something mean, I _____.

I make the right choice.

When I see someone steal something, I _____.

People to People Connections

Find a player with a different hair color.

P

People to People Connections

Ask another player to clap and you repeat their clap.

I tell my feelings.

Tell your parent one activity you enjoyed today.

People to People Connections

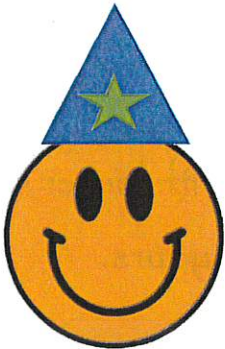
Find a player with larger shoes than yours.

People to People Connections

Find a player with a color you have on your top.

People to People Connections

Pick a player to jump with you 5 times



People to People Connections

Get in front of another player
and shake their hand over
your shoulder

People to People Connections

Tell if your pinky finger is
larger or smaller than the
other players.

People to People Connections

Tell if the player next to you has
the same color socks as you

People to People Connections

Do a HIGH FIVE with 2
other players.

People to People Connections

Walk on tiptoe across the room
with the tallest player

People to People Connections

You and another player
count the lightbulbs in the room

People to People Connections

Stand beside another
player and clap hands

People to People Connections

Stand and hold both hands
with another player. Then walk
together 4 giant steps.



I control my feelings.

When I am asked to do a household chore, I feel _____.
So, I say: _____.

I control my feelings.

When my mother asks me to Help with dinner, I feel _____.
I say: _____.

I make the right choice.

A good way to get extra energy is: play a game on the cellphone or tablet OR play with a ball?

I make the right choice.

A way to stop angry (mad) feelings is to: color a picture OR Yell as loud as you can?

I make the right choice.

The best snack to feed my brain and body is: candy OR cheese and crackers?

I make the right choice.

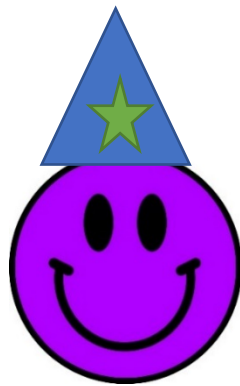
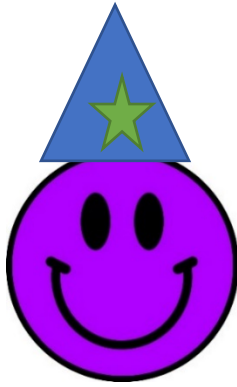
Children should drink something: 3 times a day OR every 2 hours?

I make the right choice.

A good breakfast food is: Poptarts OR Cheerios?

I make the right choice.

A good drink to help my brain And body is water OR pop?



I tell my feelings.

Tell another player
what makes you happy.

