

MENTAL HEALTH AND RECOVERY BOARD OF ASHLAND COUNTY
Board Meeting Minutes
January 23, 2024

PRESENT: Mary Deeter David Ross, Executive Director
Cindy Kyser Patty Walton, Associate Director
Sara Battison Sandy Hoffman, Community Relations Coordinator
Nancy Udolph Ashley Ackerman, Director of Programs, Training, and Education
Dennis Dyer
Katie Wright
Chad Brown
Tom Gaus
Ed Kieper
Andrew Kinney
Shari Shafer
Ben Key

ABSENT: Connie Butler*
Tanya Mounts*
*Provided notice

GUESTS: Sheryl Villegas, CCS
Allison Ross, CCS
Rick Ford, ACCADA
Jerry Strausbaugh, Appleseed

Mary Deeter called the meeting to order at 4:00 p.m. in the Martha Jordan room, 1605 Co. Rd. 1095, Ashland.

I. CHAIRPERSON'S COMMENTS

Roll Call
Secretary Katie Wright took roll call and noted that a quorum was present.

Pass Warrants
There was a quorum to pass the warrants.

II. APPROVAL OF THE MINUTES

RESOLUTION: A motion was made by Ed Kieper to recommend Board approval of the December 12, 2023
24-01-01 meeting minutes. Andrew Kinney seconded the motion. The motion carried.

III. NEW BUSINESS

PLANNING, Sara Battison, Chair

I. Approval of November 2023 Planning Minutes

RESOLUTION: A motion was made by Tom Gaus to recommend approval of the November 2023
24-01-02 planning meeting minutes. Shari Shafer seconded the motion. The motion carried.

II. Agency Application Guidelines – Priorities (First Look)

David Ross, Executive Director indicated the Board begins the Agency Application process in January with the "first look" review of the priorities and parameters and then votes on them in February. The priorities have been developed by the Board over time and meet local, state, and federal requirements, therefore, we didn't feel the need to make changes other than remove the COVID 19 response. After approval, these priorities go right into the agencies guidelines and give them a map of the things that are important to the Board. The agencies then provide programing around the priorities.

III. Agency Mid-Year Reviews Update

David pointed out; the Agency Directors are present. He explained that it doesn't look like any increases need to be recommended. Changes in the contract will be moving funding between service/program lines. The process allows the Board and our agencies to make changes where needed. One of the major changes for ACCADA is the linkage service volume and need is going to be combined into one position. All others are about volume and shifting between lines.

IV. Agency Reports

1. Appleseed 6-month Crisis Line Report- This is a higher priority service being a 24/7 Crisis Hotline. Our numbers continue to be strong, and our people are very knowledgeable and capable of handling these situations. There was 1000 calls for the first 6 months. The calls are broken down into categories: Urgent, De-escalation, Education, Consultation and Advocacy. The call totals of 1000 are lower than this time last year when we saw 1500 calls.

The line is advertised on all the Board's promotional items, website, Facebook, etc. Appleseed and other agencies have the number and advertise it as well. It was suggested that churches need to have the number. David indicated we could provide a card with the number to the community. We will work to find a way to get them in the churches.

A Board member discussed a bad experience a family member had with an organization not knowing the crisis number. David explained that we need to continue to educate the community and keep the information out there. It was discussed that job turnover means new people at organizations; however, agencies are responsible to know this information. Board Members need to help to educate the community as well. We will have business card size information with the Crisis Hotline number. We are never done educating, and this coming year, is a levy year.

2. CCS- 2nd Quarter TAY Report

Allison Ross from CCS compiled the Traditional Age Youth (TAY) report. The program focuses on young people between the ages of 14-25 that don't always have good supports in their lives. TAY workers can help youth succeed in varies life tasks. These can include help with completion of FAFSA to start college, to help with housing applications, and with job applications and interviewing skills. Additional supports for personal effectiveness and wellness include connecting youth to food pantries and medical appointments, etc.

Allison joined the meeting remotely and discussed one of her first successes; a young man with no supports at all that she helped secure a job and a place to live. David expressed appreciation to Allison for the work she and CCS does.

It was discussed that many students need help with FAFSA and Guidance Counselors don't have the time or expertise; it was therefore suggested that perhaps School

Liaisons could connect them with NCSC FASFA nights. It was noted by Allison that the Ashland County Community Academy (ACCA) already has nights like this.

3. ACCADA – October Prevention Report -David reported that ACCADA is consistently addressing fentanyl, opioids, meth, and steroids. The program is going well and might be able to expand until the end of the fiscal year. The program continues to use the evidence based “Too Good for Drugs” model.

FINANCE, Chad Brown, Chair

I. Approval of November 2023 Finance Minutes

RESOLUTION: 24-01-03 A motion was made by Sara Battison to recommend approval of the November 21, 2023 finance meeting minutes. Ed Kieper seconded the motion. The motion carried.

II. December & January Warrants

RESOLUTION: 24-01-04 A motion was made by Tom Guas to recommend approval of the December 2023 and January 2024 warrants for payment. Cindy Kyser seconded the motion. The motion carried.

III. November & December Financials

Patty reviewed the November financials, reporting revenue of \$423,525 and expenses of \$299,457. Referring to December financials, she reported a cash balance of \$3084,963 and cash flow of \$69,755. Expenditures: Appleseed at 47%, ACCADA at 51%, CCS at 50%, Church Street at 31%, Board Programmatic at 35%, and Board Operation at 45%. The Board receipts this year are 49% and 49% last year this time.

Patty reported rents of \$50,406 for Church Street and \$3,643.92 for Columbus Circle. She indicated grant dollars will help with the Columbus Circle duplex.

RESOLUTION: 24-01-05 A motion was made by Tom Gaus to recommend approval of the November and December Financials. Katie Wright seconded the motion. The motion carried.

IV. Agency Application Guidelines – Fiscal Parameters (First Look)

Patty discussed the “first look” parameters reviewing the FY24 Budget and FY25 Proposed budget. Referring to CCS she pointed out there is no change to CCS Treatment Services, a slight increase was built into the CCS Carve outs of \$6,876, SORS project dollars were decreased by \$51,299 as SOR ends in September. The overall total projected for MHRB funding for CCS is \$488,055, down \$44,423 from last year. (See FY25 Proposed Budget below).

| #1 | Catholic Charities | FY24 Budget | FY25 Proposed Budget | Difference | % |
|----|---|-------------|----------------------|-------------|------|
| 1 | Treatment Services (Non-MCD)(Includes men | \$ 30,000 | \$ 30,000 | \$ - | 0% |
| 2 | Carve Outs | \$ 315,712 | \$ 322,588 | \$ 6,876 | 2% |
| 3 | Regional Early Childhood Program | \$ 58,721 | \$ 58,721 | \$ - | 0% |
| 4 | SORS Project | \$ 88,044 | \$ 36,746 | \$ (51,299) | -58% |
| 5 | Total Projected MHRB Funding | \$ 492,477 | \$ 448,055 | \$ (44,423) | -9% |

Referring to Appleseed, Patty explained that \$8,306 was increased for Carve Outs and the SOR dollars will decrease \$179,951. The overall total projection for MHRB funding for Appleseed is \$2,244,950, down \$174,708 from last year. (See FY25

Proposed Budget below).

| #2 | APPLESEED | FY24 Budget | FY25 Proposed Budget | Difference | % |
|----|------------------------------|--------------|----------------------|--------------|-------|
| 1 | Treatment Services (Non-MCD) | \$ 465,500 | \$ 465,500 | \$ - | 0% |
| 2 | Title XX | \$ 27,442 | \$ 27,442 | \$ - | 0% |
| 3 | Carve Outs | \$ 1,112,217 | \$ 1,120,523 | \$ 8,306 | 1% |
| 4 | Central Pharmacy | \$ 409 | \$ - | \$ (409) | -100% |
| 5 | Beginning Anew Grant | \$ 49,369 | \$ 49,369 | \$ - | 0% |
| 6 | CTP | \$ 41,000 | \$ 30,000 | \$ (11,000) | -27% |
| 7 | SORs 2.0 Project | \$ 305,447 | \$ 125,496 | \$ (179,951) | -59% |
| 8 | Local Schools | \$ 418,275 | \$ 426,621 | \$ 8,346 | 2% |
| 9 | Total Projected MHRB Board | \$ 2,419,658 | \$ 2,244,950 | \$ (174,708) | -7% |

Referring to ACCADA, Patty explained that due to the two positions merging into one for linkage services, ACCADA's carve outs decreased by \$111,934. SOR decreased by \$51,928, making the total projected MHRB funding for ACCADA \$50,000, down \$163,862 from last year. (See FY25 Proposed Budget below).

| #3 | ACCADA | FY24 Budget | FY25 Proposed Budget | Difference | % |
|----|------------------------------|-------------|----------------------|--------------|------|
| 1 | Treatment Services (Non-MCD) | \$ 65,000 | \$ 65,000 | \$ - | 0% |
| 2 | Carve outs* | \$ 510,126 | \$ 398,192 | \$ (111,934) | -22% |
| 3 | SORs 2.0 Project | \$ 55,026 | \$ 3,098 | \$ (51,928) | -94% |
| 4 | Total Projected MHRB Funding | \$ 630,152 | \$ 466,290 | \$ (163,862) | -26% |
| | *Includes SORS funds | \$ 152,780 | \$ 50,000 | | |

Patty reviewed the MHRB FY25 proposed budget and proposed revenue for FY25 reporting a decrease in funding of \$82,396. Revenue is projected to decrease by \$499,752. Overall, the Board is looking at a deficit budget of \$33,937.94. We anticipate carryover levy funds from this fiscal year to help fill this deficit. (see chart below).

| #4 | MHRB | FY24 Budget | FY25 Proposed Budget | Difference | % |
|----|------------------------------|-------------|----------------------|-------------|------|
| 1 | Operating | \$ 523,349 | \$ 536,045 | \$ 12,697 | 2% |
| 2 | Programmatic | \$ 130,040 | \$ 118,900 | \$ (11,140) | -9% |
| 3 | Other Restricted Funds* | \$ 139,493 | \$ 95,000 | \$ (44,493) | -32% |
| 4 | Church St/Columbus Circle | \$ 122,400 | \$ 82,940 | \$ (39,460) | -32% |
| 5 | Total Projected MHRB Funding | \$ 915,282 | \$ 832,885 | \$ (82,396) | -9% |
| | *Includes SORS funds | | | | |

| #5 | Revenue | FY24 Budget | FY25 Proposed Budget | Difference | % |
|----|------------------------------|--------------|----------------------|--------------|------|
| 1 | Local | \$ 1,629,614 | \$ 1,625,460 | \$ (4,154) | 0% |
| 2 | State | \$ 1,857,272 | \$ 1,780,214 | \$ (77,058) | -4% |
| 3 | Federal | \$ 971,107 | \$ 552,568 | \$ (418,539) | -43% |
| 4 | Total Projected MHRB Funding | \$ 4,457,994 | \$ 3,958,242 | \$ (499,752) | -11% |

| | | | | | |
|----|----------------|--------------|----------------|--|--|
| #6 | Total Expenses | \$ 4,457,569 | \$ 3,992,180 | | |
| #7 | NET | \$ 424.93 | \$ (33,937.94) | | |

Mary discussed the fact that flat funding is really a reduction. She explained that we anticipated this deficit due to being flat funded over several years, and therefore have been preparing.

Real estate reevaluations and what that means for a levy was discussed.

David indicated we know that our agency's expenses are going to go up. This year, we provided the agencies with what the priorities are, and then gave them flexibility to get to the numbers. We are working more collaboratively with our agencies, and we've had these discussions with them.

IV. **DIRECTOR'S REPORT**, David Ross, Executive Director.

David Ross reviewed the Director's Report, which was provided in the Board Packet.

He reviewed an Eclipse Presentation by our local EMA which provides what is being predicted and ways to prepare. Besides the impact discussed on the slides, David indicated there could be a surge in drug use. We also need to think about parking at the professional building that day.

The Board is selling shirts designed by our own Ashley Ackerman to help with levy costs. ISO glasses will also be sold. \$25 for the bundle or \$20 for the shirt and \$5 for the glasses. Website page coming soon!

"Three legs philosophy" in the news- Beyond Pills: UK Parliament Must Support Social and Psychological Services Instead. They have discovered that pills were never designed to fix people and medication has bad outcomes.

OACBAH, Coping with Stress During the Holidays. Information is pertinent to after the holidays as well.

IMPORTANT DATES

- March 19, Mandatory Board Training. Question, Persuade, Preferred (QPR)
- June 18, Overview of the 3 Legs of the Stool Philosophy.
- March 27, RSVP Conference: Thanks to Sara and Dennis who have been participating on Planning Committee. The next planning meeting will involve a tour of the venue (Mt. Vernon Estates.)
- There will be two upcoming events in the Symposium Against Indifference series at Ashland University. Benjamin Storey will speak on February 23rd at 3 pm and a screening of the film, "What I Want You to Know" will be on March 21st at 7 pm.
- January 30, Desmond Tutu's daughter, Naomi will be presenting on non-violence intervention at the AU Upper Convocation.
- Feb. 1, Meet the Sheriff candidates, \$20 at Brethren Care (David will be attending and asking questions.)

David's annual evaluation was distributed. The process is confidential and anonymous. Submit those to Sandy. Sandy will compile the evaluations and give them to Andrew Kinney, Board Executive Chair, who will review them with the Director. The evaluations need to be returned by the end of February.

Picture donated to the Dog Shelter by Mary Deeter, Board Chair on behalf of the Board.

Young Star Academy, David and Ashley met with the Director there. The need and demand for these types of organizations is very high. It was good to listen to what the Director had to say and answer questions they had.

Rick Ford, ACCADA Director thanked everyone that attended the ACCADA Annual Lunch.

Sheryl Villages reported that a Golden Center will open next Tuesday in Hayesville.

V. ADJOURNMENT

The Board meeting was adjourned at 5:30 p.m.

Respectfully Submitted,
Sandy Hoffman, Community Relations Coordinator



David Ross, Executive Director



Mary Deeter, Board Chair